

Why use toxic drugs and medications when homeopathic remedies work better!

- Get natural symptom relief at home.
- Be your own doctor.
- No harmful side effects.

SOMETIMES YOU JUST NEED RELIEF NOW!

Imagine that you, a family member, a friend, a client or even your pet needs relief from a nagging symptom.
Then imagine the ability to make a custom remedy that can give relief in a matter of seconds.
Any symptom, it does not matter how acute or chronic.

Medications are toxic and have terrible side effects, but homeopathic medicine is totally safe!

To make your own symptom remedies, you will need:

The Symptom Kit, which contains 150 sample vials and comes neatly labeled and numbered in a wooden case about the size of a one-inch three-ring binder.

The Remedy Maker has the ability (technology) to make a copy of the sample vials into any substance. The Remedy Maker runs on 110v or a 9v battery.

Each sample vial can be reproduced an unlimited number of times. It works very similar to your computer's ability to copy files from one disk to another without depleting the original.

Once the remedy is made, it can be taken orally or applied topically until your symptom is gone.

Complete explanation and directions come with your Symptom Kit.



Pick one or more of the samples in the Symptom Kit, place it/them on the Remedy Maker, push the button and you have a remedy completed in thirty seconds or less!

LIST OF SAMPLE VIALS IN THE SYMPTOM KIT: Action of each remedy is available at www.hcmionline.com

**Each remedy does a multitude of tasks, so symptoms not seen on the list are helped by combining certain vials together.*

Abscess	Eczema	Injury 2	Pineal	Teeth, tarter
Acne	Edema	Insomnia	Pituitary	Teething
Addiction	Epilepsy	Intestine	Plague	Thyroid
Angina	Epstein Barr	Jaundice	PMS	Tonsil/
Appetite	Eye	Joints <i>ache</i>	Pneumonia	Throat
Arrhythmia	Fever	Joints, <i>pop</i>	Poison Ivy/Oak	Tuberculosis
Arteriosclerosis	Fibromyalgia	Joints <i>stiff</i>	Prostate	Tumor
Asthma	Food Poison	Kidney <i>Infection</i>	Psoriasis	Ulcer
Bite, <i>Insect</i>	Gallbladder	Kidney <i>Stone</i>	Pyorrhoea	UTI –urinary tract
Bite, <i>poisonous</i>	Gingivitis	Labor / <i>Delivery</i>	Rabies	infection
Bladder	Glandular <i>M</i>	Laryngitis	Rash	Varicose
Bleeding	Glandular <i>W</i>	Lyme's	Rheumatism	Vertigo
Blood clot	Gout	Lymphatic	Ribs	Wart
Blood	Hair/	Malaria	Scar <i>Relieve</i>	Woolsorters
Bone	Nails	Measles	Sciatica	Yeast/Mold
Bronchial	Hanta Virus	Memory	Sepsis, Strep A	
Burns	Heart <i>congestion</i>	Menopause	Shingles	Detox, Amoeba
Cancer	Heart <i>general</i>	Menstrual	Sickle cell	Detox, Bacteria
Colic	Hemorrhoid	Metabolism	Sinus	Detox, Chemicals
Cough, <i>common</i>	Herpes	Migraine	Smallpox	Detox, Environmental
Cough, <i>continual</i>	Hiatal Hernia	Motion Sickness	Spine	Detox, Metals
Cramp	Hives	Mouth	Spondylosis	Detox, Protein
Cyst	Hypertention	Mumps	Sting	Detox, Radiation
Depression	Hysteria	Muscle	Stress	Detox, Vaccine
Diabetes	Immune	Nausea	Stroke	Detox, Virus
Diarrhea	Impotence	Nerves	Sweating	Detox, Worms
Digestion	Indigestion	Nicotine	Teeth, decay	
Diphtheria	Infertility	Nose Bleed	Teeth, dry socket	Sycosis Miasm
Diuretic	Influenza	Osteoporosis	Teeth, infection	Syphilis Miasm
Ear	Injection	Pancreas	Teeth, pain	Psora Miasm
Ebola	Injury 1	Periodontal	Teeth, sensitive	

Be your own doctor, make your own medicine. Cost of Symptom Kit: \$424; Cost of Remedy Maker: \$395.

UNDERSTANDING HOMEOPATHIC MEDICINE

For a detailed article on energy medicine and its effectiveness on the body, please see *The Nature of Reality & The Origin of Matter* available online.

History of Homeopathy

Homeopathy is actually considered a pharmaceutical science. The science of homeopathy was founded in the early 1800's by a German physician and chemist by the name of Dr. Samuel Hahnemann. There were no pharmacies or chemical laboratories at that point in history, so physicians learned how to derive their medicines from nature. While doing research into the toxicological effects of the medicines of his time, Dr. Hahnemann discovered that specific dilutions of a substance would remove the symptoms that would have been induced by use of the actual substance. And so homeopathy is based on the theory of "Likes are Cured by Likes." Physicians who practiced homeopathy had a success rate that was much higher than modern medicine as we know it today.

Interestingly enough, homeopathic medicine used to be the primary form of treatment in the United States. The most prestigious medical schools from the mid 1800s to the early 1900s were homeopathic. The first medical association was the American Institute of Homeopathy, not the AMA. Once the AMA was created, it was funded primarily from paid advertisements from pharmaceutical companies. Simply put, allopathic medicine created better income incentives offering free samples and endorsement fees to the most prominent doctors. Even though the medical system in the US does not promote or even condone homeopathic medicine today, other industrialized nations readily use and accept it as a primary source of treatment. It is widely known that the right homeopathic can relieve a symptom faster than a medication without the side effects and physical hazard that medications produce. Perhaps that is why the British Royal Family employs a full time homeopathic physician.

What is a Homeopathic?

When you dilute a substance by a certain ratio and then succuss (briskly bang) the results, the molecules are transferred and you have a homeopathic. Homeopathics are generally made from herbs and minerals. There are two classifications of homeopathics, classical and complex. We will be creating and using complex homeopathics with the Remedy Maker. Complex homeopathics are remedies generated by electronic methods, while classical remedies are made by manual dilution (yes it takes a long time). Technology has improved to such a degree that master samples such as those found in the Symptom Kit have been made and can be transferred into remedies electronically. People who practice classical homeopathy have little respect for complex homeopathy in most cases, but people who practice drugs and medication have little respect for either. Respect should not be the goal -results and help for humanity are much more important.

How Fast will a Homeopathic Remedy Work?

Each case is individual, but if you pick the right remedy for the right condition, positive results can be expected within minutes and often seconds of taking the remedy. When a homeopathic remedy is placed in the mouth, the information is picked up by the sublingual nerve pathways around the tongue. The information is then transmitted at the average nerve speed of 200 M.P.H. throughout the body so the remedy reaches all 100 trillion cells of the body within a matter of seconds. A very nice advantage to homeopathic medicine vs. drugs and medication, which often take days or weeks to reach a level that produces relief.

Are antibiotics, medications or vaccinations more effective than a homeopathic?

We are born and trained in a society whose mindset is placed in trust for what the medical society has established as the health standard. If someone offers you advice, you only follow it if you have seen evidence in track record. This has earned your trust. If you don't have pre-established trust, you ask questions. It is sad to say that the third leading cause of death is actually treatments or therapies utilized in the medical community. The first two causes of death are diseases which some say are highly promoted or caused by certain practices promoted by the same medical community. If even half of this is true, why do we have such faith and trust in what the medical establishment has set as "health care"?

Now to answer the question, we all know that modern treatment of any kind is based on suppression of the symptom rather than cure. Modern medicine does not believe the body can regenerate. Homeopathic medicine works exactly the opposite by inducing the body's own ability to heal. All natural medicine does, for that matter. Even without medical training, it seems no more than logical that natural remedies should far supersede the effectiveness of any drug, antibiotic or surgery. In terms of results, all natural medicine is not created equal. Because natural medicine tends to address the cause of the problem and the cause is different and unique for each person, you can't cookie cut natural therapies and programs as you might a drug therapy whose only task is to suppress the symptom at hand no matter what the side effect or health hazard. Taking all of this into consideration, if you get the right natural remedy, be it homeopathic, herbal, essential oil, etc, results will be produced faster than any drug or antibiotic because natural remedies induce the healing potential of the body. In the worst case scenario, a homeopathic will not be effective and you can still fall back to the medication or surgery you were previously considering. Thus it is a win-win situation.

MAKING A REMEDY FROM THE SYMPTOM VIALS

If you have the Symptom Kit, you will see a lot of little sample vials with a solution in them. These samples are what we call Master Sample Vials. You will be duplicating these samples, not using them directly. The solution in the vials is a mixture of water, brandy and a mineral in a particular ratio that work together to hold the succussed information that creates the homeopathic sample. Never open the Master Sample Vials. The solution in the vial will not hurt you if you open it, but it may become contaminated and lose its effectiveness. The master samples will last indefinitely if you care for them properly and you will be able to make unlimited amounts of remedies from each one.

CARE OF YOUR HOMEOPATHICS: Care of a homeopathic is very similar to that of a floppy disc. Extreme heat from direct sun light and high voltage electromagnetic fields (magnets, x-rays, computers, etc) can reduce the strength of the samples or even destroy them by making them inactive. If you store your homeopathic samples away from the microwave, electrical panel or other electromagnetically active areas and direct sun light, you should have no problems.

NOTE: There is no way to tell if a sample has been erased or deactivated except that use no longer seems to produce results.

YOU WILL NEED a Remedy Maker and your new Symptom Kit vials as well as something to make your remedies into. A glass of pure water works temporarily, but a remedy bottle might be good if you plan to take the remedy for a number of days, weeks or even continually during the day. Most people use one to four ounce glass bottles with a dropper for convenience. Glass bottles can be washed and reused for the same person. When you wash remedy bottles, try not to use harmful chemicals or cleaning agents on them to preserve their purity in terms of health. You will be using pure water in your remedy bottle. We call this the mother tincture. It is what the Remedy Maker will imprint the frequency (homeopathic) into. Some people add a small amount of high quality vodka or brandy to the solution in the bottle to act as a natural preservative because people often put the dropper in their mouth and contaminate it, then stick it back in the remedy bottle. If you decide to use alcohol as a preservative agent, about 5% of the total volume of your remedy should be plenty. Alcohol also helps the frequency hold better than it might in plain water which is only an issue at all if you need the potency of the remedy to last for more than a month. Those people who wish to avoid alcohol can use plain water, especially if you are making remedies on a day-to-day basis or as needed. If you are making remedies ahead of time and know they will be sitting for a while, I recommend a half teaspoon or so of a solution called dark Willard Water. This solution added to your water with the alcohol is the best combination for making a solution that will hold the frequency that will be imprinted through the Remedy Maker. This solution combination is definitely better than plain water for long term storage of remedies. If you are going to make a lot of remedies at one time, or know you will be using the solution fairly quickly because you have a lot of remedies to make, you can make it by the gallon. I use one gallon of pure water and add four ounces of brandy or vodka and the same of the dark Willard Water. Make sure you get the Willard Water from the manufacturer as many distributors cut it. You can purchase dark Willard Water in a variety of sizes from Nutrition Coalition @ 1-800-447-4793.

Making the remedy

Place your glass of water or remedy bottle on the “out” plate of your remedy maker. Now turn the machine on. A light will come on initially next to the “out” plate. This light indicates that the machine is clearing anything that might be in the water or solution you put in there (chlorine, toxins, other frequencies, etc.). When the light goes off, place the remedy you wish to make on the “in” plate. Press the start button. A light will come on near the “in” plate which indicates the machine is making a copy of the information in that vial or vials if you are using several. Then the light will come on near the “out” plate. This means the information is being transferred into the glass of water or remedy bottle. Once the second light goes off, your remedy is complete. You should label it, place the date on it and turn the machine off. The remedy is ready to take. The entire procedure takes about thirty seconds. It is best not to use anything metal or styrofoam on the machine because the electromagnetic currents will not transfer well. Use glass (best option) or plastic.

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5	STEP 6
Place glass of water or remedy bottle on “output” plate.	Turn the Remedy Maker on – output light will come on.	Put the vials you have chosen to use on the “input” plate.	Press the “mom” button to start the transfer.	When output light goes off, shut the machine off.	Label your remedy: use vial numbers used and date.

Can I Use More Than One Vial to Make a Remedy?

As a general rule, the body can only work on so many things at once. Try to identify the top two or three areas you want to work on and find sample vials that you think will help. As a general rule, you will not want to use more than three or four vials for any one remedy. There are several reasons for this. First of all, if you ask the body to do too many things at one time, it will require divided attention and less effectiveness. Secondly, you could initiate a healing crisis, which means you are asking the body to eliminate more waste than it is able to handle without a reaction (see next section). If you seemingly need a variety of remedies because you have a lot of complaints, try to choose the vials that seem appropriate for each complaint and place them together for your remedy. In other words, make a different remedy for each major complaint and take them at separate times, at least 10-15 minutes apart.

Should I Expect Negative Side Effects From a Homeopathic Remedy?

A homeopathic remedy initiates the body's natural ability to fight the symptom or concern at hand. There are rarely side effects of any kind. If there are side effects, they are known as a "healing crisis". If the homeopathic remedy starts working and the body finds that there are too many toxins involved with the problem at hand, the body will often try to expel the toxins acting as irritations to the tissues so the body can become well. If the elimination channels are not open (which means several bowel movements daily, plenty of fresh water and moderate exercise) the toxins can cause a bit of a crisis as they try to escape a body whose elimination is not able to detoxify. It is also possible to have a healing crisis if the body is trying to eliminate toxins and vitality (the body's natural metabolic energy) is too low. Remember that you are not going to harm the body even if you get a healing crisis, it is just annoying. Also remember that use of the GWSW products as directed should avoid the healing crisis.

What if my Remedy is not Helping my complaint?

Don't feel discouraged and don't give up. Homeopathy initiates the body's own ability to heal. Some people's vitality is very weak and the body may need to be built up a little before it has the energy to heal. You can't initiate healing out of nothing, the body needs basic nutrition to do the task the homeopathic has asked for. Fundamental nutrition as those discussed in the Get Well, Stay Well program (particularly Super Nutrient) may be needed. In terms of lacking the results you seek, there is certainly the chance that you are using the wrong vials for the condition you have. If you are not achieving results, you may want to try different vials that seem related to the complaint you have. Each of the Symptom remedies have a variety of benefits not always listed on the label. Thus if one remedy is not working, try a different vial or combination of vials. Sixty percent of diagnosis is inaccurate, even in the medical field, so don't feel bad if you have to try a couple of times. You will not harm the body in any way by using the wrong remedy. If nothing works at all, you may need to consult with your local Certified TBA Practitioner for advice. You can find your local Certified TBA Practitioner at www.hcmionline.com.

What if my symptom or complaint does not seem included in the Symptom Vials?

Because each Symptom vial works on a variety of issues, it was not necessary to make a symptom vial for every symptom people experience. Many of the vials work for a variety of complaints. There is a brief description of the issues that each vial is designed to work on, but if you cannot figure out which vial or combination of vials to use, you may contact HCMI for suggestions.

When do I need a New Remedy?

Take the remedy you have made until you feel better. As a general rule, it should not take more than a couple of days to feel some improvement. Feel free to continue taking the remedy for a few days even if your symptoms are gone. When a remedy has finished working or does not seem to help any longer, or another symptom becomes a worst complaint than the original one you were working on, you can make a different remedy.

Can I take a homeopathic remedy even if I don't have any symptoms?

We do not become ill or develop chronic conditions in a day, it takes time for the factors that cause disease to accumulate and create dysfunction in the tissues of the body. Thus it is safe to say that the body is always accumulating the factors that cause disease or working to eliminate those factors. Feeling "fine" or "healthy" does not determine which of those directions the body is heading in though. As a general rule, the healthier you live your life, which is a combination of spiritual pursuit, emotional balance and physical care of the body in terms of diet and lifestyle, the higher your chances are that you are moving in the right direction. Dr. Reuben T. DeHaan, the developer of the Support Kit teaches that the factors that allow for tissue dysfunction are generally toxic in nature. For this reason, you will find a variety of "Detox" vials in your Symptom kit. If you don't have any specific symptoms that need attention, take the Detox remedy that seems appropriate. If you don't know which one to use, alternate them week to week and give the body a chance to work on anything that might be slowly accumulating.

Eliminate the guess work

If you have come so far as to purchase a homeopathic kit, you should consider a form of self testing called kinesiology to help you identify the specific vials that would be most effective for your body or your symptom. This takes all the guess work out of using the kits and helps you identify the sample vials that will be most effective. We teach self testing in Video 01 (available at HCMI) or you can participate in Workshop 01 and learn self testing, face reading, general nutrition and use of the GWSW Program.

Advanced Use

If the Symptom Remedies do not provide the level of healing you seek, it simply means that it has not been enough to target and eliminate the toxins that have accumulated in the tissues of your body. The longer toxins are allowed to irritate tissues, the more dysfunctional those tissues become. TBA (Total Body Analysis) is a system created to analyze the body for deep seated toxins that may be interfering with normal tissue (cellular) function. Your local Certified TBA Practitioner is specially trained in evaluation protocols designed to get to the root of your complaint or disease. Once the evaluation process is completed, custom detoxification remedies are made to antidote the toxins found in your particular case.

TBA (Total Body Analysis) is a professional study program developed to help the student learn kinesiology and all of the causative factors of disease. The Symptom kit is excellent to help you relieve symptoms naturally, but Symptom remedies are not going to

address the cause of the problem. TBA is solely focused on helping the student identify the cause of the problem. Sometimes it is a toxin, sometimes it is a nutritional deficiency, sometimes an emotion or even a different system of the body. Medical science cannot tell you the answers you need to know, but you can learn TBA and find out exactly what is going on in your body. Please visit our website and find the TBA Practitioner Nearest you or learn about the steps you can take to become a Certified TBA Practitioner yourself. Symptom remedies are wonderful, but if you are inquisitive and need to know “why” things are happening in the body, TBA is your answer.

Dosages

Remedies created with the Remedy Maker (see next page) are generally used orally, but homeopaths have no taste unless you have added something to the water (like alcohol for preservation).

There are four ways you should consider taking / using your homeopathic remedies:

1. CRISIS/FIRST AID: one or two droppers of the remedy every ten minutes or as needed.
Example: Injury, bite/ sting, pain, asthma attack, or anything that is occurring or recently occurred.
 2. ACUTE/INTENSE: one or two droppers every hour or other hour if needed.
Example: Sinus allergy, recurring pain, flare-ups from old injuries or accidents, etc.
 3. CHRONIC/PERSISTANT: three times daily, more often if there are acute flare ups.
Example: Diseases or conditions that have been going on for some time for the body to heal.
 4. EXTERNALLY: You may use any homeopathic remedy externally (topically) as often as desired, they often work excellent this way.
- You cannot over dose a homeopathic remedy, so there is no fear of producing toxic side effects should you take more than might seem appropriate.
- Remedies are most effective if they are taken 5-10 minutes away from food, any kind of mint (toothpaste, gum, etc), or other homeopathic remedies.

ADDITIONAL USES FOR THE REMEDY MAKER

Now that you are the proud owner of a Remedy Maker, you will be pleased to know that you can make a remedy of anything you wish. You can make a homeopathic remedy of any substance that can be placed on the "Input Area" plate of the machine or be touched with the probe that was supplied with your machine.

Many of the items we come into contact with every day are toxic to the human body. The food we eat is toxic, most beverages are toxic (including most water), the air we breathe is toxic, and the list goes on. These toxins accumulate in the tissues of the body and eventually create pain, sickness and disease.

The remedy maker allows you to make a homeopathic, or an antidote, of any item that you are allergic to or suspect is causing you harm. These include, but are not limited to: foods, medications, perfume, cigarettes, pollens, cat hair, or any substance you desire.

From the previous part of this article, you know that the homeopathic version of any item would be the antidote for the negative or toxic effects of that item. When a homeopathic is introduced to the body, either internally or externally, your immune system recognizes the “signature” of it and creates natural antibodies. This works even if your immune system is weak or compromised! If symptoms have already manifested because of exposure to a toxic item, the body will begin to counteract those symptoms immediately after the homeopathic remedy is introduced. If you have not been exposed to the toxic item yet, the body will create the antibodies and keep them on stand-by in case of exposure. The homeopathic remedy cannot harm you.

More information about use of the Remedy Maker is available at www.hcmionline.com

ACTIONS OF SYMPTOM VIALS

Updated January 2005. Latest updates available online.

SYMPTOM REMEDIES - It is important to remember that if you take a symptom remedy and it does not work, remember that the body is intricately connected. A symptom is often a manifestation of imbalance in another area. Correction of the right area should relieve the symptom. Thus if a particular symptom remedy does not work, you may wish to try another vial or combination of vials.

Abscess -Abscess at root of teeth, boils on gums, ulceration of mouth, inflammation.

Acne -Acne vulgaris, pimples, skin eruptions. Use with *Detox*, *Amoeba* or *Detox*, *Worms* in cases of Acne Rosacea.

Addiction -Helps with alcohol, nicotine, morphine and even caffeine addictions. It can also help relieve withdrawal symptoms and even initial cravings. Also see Nicotene remedy. This remedy is highly complimented with the appropriate Bach Flower.

Angina -Cardiac neurosis, nervous perturbations, arrhythmia, tachardia-extrasystoles, constrictions, angina pectoris, coronary insufficiencies, strong pulse, palpitations excitations, anguish, and pressure in the chest/heart area (which is only heart burn in many cases, see indigestion).

Appetite -Helps to balance the Hypothalamus, appetite disorders; has also been noted to help menstrual irregularities, water retention and skin eruptions.

Arrhythmia -Cardiac arrhythmia, disturbances of cardiac rhythm, conduction defects due to degenerative myocardial disease, myocarditis-endocarditis, cardiac infarction, tachycardia, cardiac neurosis and Adams-Stokes syndrome.

Arteriosclerosis -General arteriosclerosis and general congestion of veins and arteries.

Asthma -Bronchial asthma and asthmatic bronchitis. Constitutional treatment of bronchial asthma.

Bite, insect -Allergic reaction to insect bites, poison oak, poison ivy, sumac, hives, erysipelas septic infection, venom infection. Also see Poison Oak/Ivy.

Bite, poisonous -Includes snakes, gila monsters or any other poisonous bite. Use this remedy every 5-10 minutes if it is available at the time of the bite. The remedy should also be used externally around the area of the bite, but is *not recommended in the actual puncture wounds*.

Bladder -Inability to control the muscles of the bladder; helps relieve bedwetting. Also see UTI.

Bleeding -Helps to relieve bleeding of all kinds, internal and external by stimulating the body's natural responses (activating heparin). Use as mouthwash for bleeding gums.

Blood clot -Anemia, blood clots (balance fibrin).

Blood -Diabetes, pernicious anemia and phases of degeneration

in the blood and glandular system, such as leukemia, anemia, lymphogranulomatosis.

Bone -Fracture, sprains and overstraining to ligaments, tendons, cartilage. Back pains from an unknown genesis. Growing pain in muscle and bones.

Bronchial -Bronchial asthma, chronic pulmonary catarrh, smokers cough, catarrh of the upper air passages, weariness, nocturnal perspiration.

Burns -For burns no matter the source, scalding, sun burn/stroke/radiation, first degree burn, etc. The remedy is effective when used internally but also externally over area of need ONLY if skin is not broken.

Cancer -This remedy is not a cure for cancer and does not address the cause of the problem as might be achieved by using TBA, but this remedy does help boost the body's natural ability to fight cancer cells

Colic -Colic, upset stomach.

Cough, common -Catarrhal affections of the upper air passages; helps to relieve bronchitis and whooping cough at all stages. Effective expectorant in chronic bronchitis, bronchial asthma, fits of coughing. See also Asthma and Bronchial Congestion remedies.

Cough, continual -Catarrhal affections of the upper air passages; helps to relieve bronchitis and whooping cough at all stages. Effective expectorant in chronic bronchitis, bronchial asthma, particularly when there are continual fits of coughing. See also Asthma and Bronchial Congestion remedies.

Cramp -Particularly helpful for Raynaud's disease, and leg cramps that are caused by impaired circulation; helpful with diseases of the veins because it helps support the nutritional elements that induce pliability.

Cyst -Amenorrhea, dysmenorrhea, ovarian atrophy.

Depression -This remedy tends to work well when symptoms are marked by weight gain, mental dullness, lethargic personality, tremors, sweating or any of the signs of depression. Also see Stress remedy.

Diabetes -Helps in the balance of insulin.

Diarrhea -Acute and chronic gastro-enterocolitis of all types. Summer diarrhea after a chill or faulty diet. Intestinal catarrh, Intestinal influenza, diarrhea with fever, abdominal typhus, paratyphus, typhoid fever and dysentery.

Digestion -When digestion is weak from lack of acid balance, this remedy stimulates digestion and absorption by aiding stomach enzyme release; helpful with dyspepsia and gastritis.

Diphtheria -Helps to relieve the common symptoms of diphtheria. Respiratory diphtheria presents as a sore throat with low-grade fever and an adherent membrane of the tonsils, pharynx, or nose. Neck swelling is usually present in severe disease. Diphtheria may be mistaken for a severe sore throat. Cutaneous diphtheria presents as infected skin lesions which lack a characteristic appearance. Other symptoms include a low-grade fever and enlarged lymph nodes in the neck.

Diuretic -Water retention, edema.

Ear -Otitis media, ear infections, ear drainage, ear pain, etc.

Ebola -May be of help in cases of Ebola exposure if caught in the early stages. May also be useful with Sepsis remedy.

Eczema -Acute and chronic eczema, pimples, herpes, rashes and eschar; generally helpful with breakouts of all kinds, especially if they include white pustules. See also Herpes and Shingles remedies.

Edema -Muscular weakness of the heart and appearance of hydropsy (excessive swelling of tissue), edema of the legs. Hydropsy in the abdomen frequently due to the muscular weakness of the heart. May also be effective in renal edema.

Epilepsy -Epilepsy and epileptic fits, irritations of the nerve, convulsions, Chorea minor, convulsive cramps and cramps in the thighs.

Epstein Barr -Immune deficiency associated with Epstein Barr virus.

Eye -Inflammation, abscesses, cataracts, glaucoma, catarrh, muscle accommodation, minor irritation, redness and dryness. Generally helps the eye gain strength.

Fever -Particularly useful with children, it helps to relieve fever and symptoms often associated with fever: sweats, chills, shakes, aches, vomiting, rheumatic pains, muscular soreness, nausea, faintness, lethargy, fears, irritability and over sensitivity. This remedy is most effective for fever when used with the nausea remedy, if there is nausea, or the appropriate Detox remedy if you know the involvement.

Fibromyalgia -Helps relieve the symptoms of Fibromyalgia, which include Muscular Pain, Rheumatic disorders, Stiffness, Stress, Depression, Fatigue.

Food Poison -Helps to relieve the symptoms of food poisoning including possible toxins that irritate the nerves (neurotoxins).

Gallbladder -Organic and functional complaints of the hepatic, cystic, hepatopancreatic and other ducts associated with the liver or gallbladder area. Symptoms might include: hepatopathy, cholecystopathy, calculi disturbances of the

biliary secretion, swelling of the abdomen, premature satiety, lack of appetite, bitter taste in mouth, flatulence, constipation, weariness after meals, irritation and hypochondria.

Gingivitis -Swollen, red gums, gingivitis and helps with loose teeth if it is associated with malnutrition of the gums.

Glandular M (*tends to be for men, but can work for women*)- To support, stimulate and regulate glandular secretions and regenerate atrophy of glands involved with immune function.

Glandular W (*tends to be for women, but can work for men*)- To support, stimulate and regulate glandular secretions and regenerate atrophy of glands involved with immune function.

Gout -Rheumatism of forearms and hands, gout, swollen joints, numbness.

Hair/Nails -Helps relieve dry, itchy, irritated or flaking scalp, dandruff, oily or dry hair; brittle nails, ingrown nails; maintains health of hair.

Hanta Virus -a form of adult respiratory disease that causes fever, chills and muscle aches, followed by the abrupt onset of respiratory distress and shortness of breath. The muscle aches are severe, involving the thighs, hips, back and sometimes the shoulder. Other symptoms include nausea, vomiting, and abdominal pain.

Heart congestion - Helps to relieve fluid accumulation in heart or lungs: weakness of the specific cells of a gland or organ which are contained in or supported by the stroma, specially of the lungs frequently characterized by weakness of the back, nocturnal perspiration, sensitivity to colds, poor circulation, cold feet, lack of appetite, paleness and limpid aspect of the face following the loss of blood.

Heart general -Heart insufficiencies with a tendency towards edema, heart valve diseases, post-infectious myocardial weakness. Increases muscular strength of the heart making this a good heart attach remedy.

Hemorrhoid -Hemorrhoids, itching of the anus (see also Detox, Worms), pains, bleeding, fissures, anal prolapsus, anal eczema and plethora.

Herpes -Helps the body fight against all forms of the herpes virus, including chickenpox. Also see Shingles and Eczema remedy.

Hiatal Hernia -Halitosis (bad breath), peptic ulcers, full feeling after eating only a little, feeling of knot in upper abdomen, flatulence, chronic fatigue.

Hives -For allergic skin conditions, hives and rashes. Effective relief for burns -used internally, not externally for burns!

Hypertension -High blood pressure; this remedy is often used with the Heart general or arteriosclerosis vial.

Hysteria -Hysterical crying, constrictions and disturbances from the stomach to the throat, sensitivity to noises, feelings of suffocation, throbbing and constriction in the throat. Emotional outbursts, nervousness and aggravations.

Immune -Immune deficiency; this remedy is most effective when used with the appropriate Detox remedy as those items are most often the cause of immune dysfunction.

Impotence -General debility, especially in men, but can be very effective for women with low libido especially if it stems from nervous exhaustion, over-excitement and effects of advanced age.

Indigestion -Helps relieve gas, bloating and indigestion following food or drink consumption, sleepiness after eating (see also Hiatal Hernia), hiccoughs or other symptoms of heartburn. Works especially well with those who over eat.

Infertility -Decreased male sex characteristics, impotency and infertility. Most effective on younger people, use Impotence on older people.

Influenza -Flu, fever, sore throat, prostration, kidney disorders, coughs, muscle aches, septic conditions of blood, inflammatory fevers, suffocative spells, stitches in chest, bronchitis, nervous exhaustion.

Injection -Often needed after trauma, injury, or surgery, even after intravenous injections as all of these are often very harmful to the body's overall circulatory system.

Injury 1, -For crushed fingers or tissue, after tooth extraction or surgery. Hastens the healing process and helps to remove the cellular memory of the trauma.

Injury 2, -Injuries of all types: fracture, sprain, concussion of brain, wounds caused by firearms or sharp weapons, sports injuries, muscular strains of all types and rheumatism where old injury has been sustained. May be used as a complementary remedy in feverish infections, sepsis. Has a stimulating effect on the defensive energy of the organism.

Insomnia -Insomnia and various disturbances of sleep, superficial sleep, light sleep, sleeplessness, drowsiness in the morning, weariness during the day, vivacity in the evening. Nervous restlessness and over-excitement of the nervous system. Neurasthenia, consequences of mental conflicts of long durations. Favorably influences sleeping patterns and the neurasthenic systems.

Intestine -Helps in maintaining healthy flora in the lower bowel, which along with exercise and natural reflexes from the brain, are responsible for natural balance of intestinal bacteria.

Jaundice -Cirrhosis, hepatitis, jaundice and gallbladder problems, increased blood toxins, allergies and skin disorders.

Joints ache -Works particularly well for the larger joints such as knee and hip joints.

Joints stiff -Stiffness and pain in joints, fingers and toes. Swelling, rheumatism and gout.

Joints, pop -This remedy was created for problems that arise in cases of malabsorption, but it is named for popping joints because this is often a symptom of malabsorption. Helpful for anemia, lack of appetite, (especially among children), accompanied by swelling. Aftereffects of acute ailments. All kinds of anemia frequently induced by the new toxicant effect of the treatment of other illnesses; when nothing seems to cure the ailment, this may help.

Kidney Infection -Abnormal blood pressure, kidney infection, kidney stone formation.

Kidney Stone -Renal Calculi, sharp pains in the kidneys, pain across the small of the back, pricking, reddish and glairy urine with epithelial cells and oxalic acid in the urine, gravel.

Labor/Delivery -Eases the pain and trauma associated with labor and delivery, helps with varicose veins, neck lameness, hemorrhoids (see also Hemorrhoid remedy) and hypertension (see Blood Pressure).

Laryngitis -Hoarseness, Laryngitis and catarrh in the larynx.

Lymes -Helps to relieve the symptoms of Lymes disease including changes affecting the skin, heart, joints and nerves.

Lymphatic -Biological and constitutional aid to persons disposed to lymphatic congestion.

Malaria -Helps to relieve the symptoms of malaria by increasing the body's resistance to the parasites.

Measles -Measles, German measles (rubella).

Memory -Disturbances in cerebral function, weakness of memory, indifference, lassitude, exhaustion.

Menopause -Menstrual pain, dysmenorrheal.

Menstrual -Menstual cramps (dysmenorrhea, amenorrhea). Acts on the unstripped muscular fibres. Conditions of exhaustion due to blood loss. Heat flash followed by perspiration (hot flash). Dull pain across the small of the back.

Metabolism -Assists the metabolic balance in the body. Restores glandular secretions and assimilation of nutrients. Enhances elimination and the feeling of well-being.

Migraine -Migraine, nervous headaches, neuralgia of the head, indisposition due to continuous headaches frequently resulting from an insignificant chill. Reduces heat in the liver and relieves neuralgic imbalance as cause of pain.

Motion Sickness -Motion sickness, sea sickness, nausea during pregnancy, childhood nausea, atrophy, dystrophy, weakness of conduction, gastric catarrh, cold perspiration, nausea. Vomiting and gastric catarrh as a result of heavy drinking.

Mouth -Indicated when people easily absorb toxins through the mouth, meaning they react easily to things they eat, helps with calcium dispersion.

Mumps -Usually begins with two days of discomfort and an increasing temperature. This is followed by an uncomfortable feeling in the jawbone and a swelling of the parotid glands. Often the swelling occurs unevenly, on one side of the face before the other. It is only possible to get mumps in one of the glands. The swelling can feel oppressive and sore. The earlobes stick out and the child's face eventually looks very swollen. The child experiences pain when opening their mouth.

Muscle -Indication of use is when muscles are sore from excessive exercise or the muscles are not releasing lactic and pyruvic acids because the liver or lymphatic system are congested.

Nausea -Helps relieve the feeling of nausea or upset stomach; feeling of hollow in the stomach.

Nerves -Involuntary twitching, over-sensitivity in the nervous system of children, nervous diseases and St. Vitus' dance, etc.

Nicotine -Relieves alcohol, nicotine and morphine addiction, nervous depression, highly emotional, moodiness, nervous weakness and other symptoms related to addiction, particularly nicotine.

Nosebleed -For relief of nose bleeds, particularly from strain in coughing, sneezing, or other exertion/trauma.

Osteoporosis -Helps the body balance issues that inhibit normal calcium levels and normal growth of bones, pathological characteristics in the osseous system, fragility of the bones, osteomalacia, rickets, coxitis, arthritis and nucleus pulposus, (complementary).

Pancreas -Pancreas disorders, pancreatitis, pancreatopathy.

Periodontal -Bleeding gums due to improper absorption of nutrients and excessive bacterial infection in the mouth, particularly the gum line around the base of the tooth.

Pineal -Anemia, premature genital development, sexual dysfunction, excessive hair growth.

Pituitary /growth -Abnormal thyroid, sexual function, adrenal weakness and irregular growth patterns; obsessive thinking patterns (can't shut brain off) are signs of potential need.

Plague -Most commonly known as Black Death or Bubonic Plague, which is characterized by painful swelling of lymph nodes.

PMS -Nervous anxiety, depression, irrational attitude, vengefulness, paranoia.

Pneumonia -Pleurisy, intercostals neuralgia, pleurodynia, pneumonia and intercostals rheumatism.

Poison Ivy/Oak -Allergy to poison oak or ivy, violent itching, septic conditions, itching blotches, pemphigus, erysipelas, urticaria, blood poisoning. Also see Rash and Burn remedies.

Prostate -Helps to tone and strengthen the prostate gland and such symptoms as scanty urination, dribbling, burning, irritation and premature impotence.

Psoriasis -Psoriasis vulgaris, psoriasiform eczema. May be most effective with Rash remedy.

Pyorrhea -Loose teeth, sore gums due to faulty nutrition and improper assimilation of nutrients.

Rabies -See also Bite remedies and Sepsis if the condition indicates.

Rash -Allergy to poison oak or ivy, violent itching, septic conditions, itching blotches, pemphigus, erysipelas, urticaria, blood poisoning. Also see Burn, for common rash, or Poison Ivy/Oak.

Rheumatism -Rheumatic conditions, neuralgia (after amputations and injuries), paralysis, (especially after a stroke), rashes, furuncles and carbuncles.

Rib -Pain between the ribs, intercostals neuralgia.

Scar Relieve -Helps prevent scarring if used before a surgery or operation. Many people notice softening or reduction of present scarring as soon as two weeks after using for old scars if used internally and externally on scars.

Sciatic -Sciatica, ischialgia as a symptom of a prolapsed disc, paraesthesia, tingling sensation in the lower limbs.

Sepsis, Strep A -Reduces effects of extreme infection caused by bacteria.

Shingles -Shingles, herpes zoster, chickenpox. Also see the Herpes remedy.

Sickle cell -This remedy has not been created yet.

Sinus -Acute and chronic catarrh of the nose and maxillary sinus, sinusitis, polypus in children and lack of smell and taste.

Smallpox -Bumpy red rash, mostly on the face, arms, and legs; blisters that become filled with pus.

Spine -Pain in the sacral region and vertebral column radiating up the column to the head and tip of the nose. Pain in the abdominal organs. Pains worsen when moving about and resting at night.

Spondylosis -Anti-rheumatic preparation, lumbago, sciatica, back pain associated with degenerative rheumatic changes of the intervertebral discs, such as chondrosis and osteochondritis, spondylosis, degenerative rheumatic changes of the spinal column, spondylarthrosis.

Sting -Relieves the pain from the sting of bees, wasp, scorpion, etc.

Stress -Abnormal blood pressure caused by stress, fatigue and susceptibility to stress.

Stroke -For nerve injuries, palsy, after effects of stroke and often works to relieve exhaustion and feelings of chronic fatigue.

Sweating -Undue perspiration. Climatic flushing, with perspiration. Excessive perspiration during acute infectious diseases and fevers; perspiration with exhaustion.

Teeth, decay -Dental caries characterized by decay, disintegration and destruction of teeth.

Teeth, dry socket -Dry socket, diseases of jaw bone, effects of poor nutrition.

Teeth, infection -Toothache, swollen gums, neuralgia in face, pain extending into ears.

Teeth, pain -Teething aches and cramps, toothaches. Disorders affecting the dentin. Also see Teething.

Teeth, sensitive -Teeth sensitive to cold and heat, pain from chewing and hot and cold liquids.

Teeth, tarter -Debris crusts accumulated on teeth, tartar.

Teething -Teething children, tendency to cry, pain and sore gums. Also see Teeth, Pain.

Thyroid -Exophthalmos (protrusion of one or both eyeballs), intoxication of the thyroid, hotter or colder than normal, especially in extremities, trembling hands, excessive perspiration, diarrhea and emaciation.

Detox, Amoeba -Aids in the elimination of amoebae's (microscopic parasites) often acquired from drinking water, foods and other ingested substances. Eliminates toxins caused by parasites. Signs of amoebas often include constipation, diarrhea, intestinal bloating and other symptoms.

Detox, Bacteria -Aids in the elimination of bacteria, thus relieves symptoms caused by bacteria. Symptoms of bacterial infection often include intestinal disturbances, tendencies toward infections with swelling such as boils, external cysts, pus and lactose intolerance.

Detox, Chemicals -Compromised immunity, increased susceptibility to infections, virus and allergies are all signs that chemicals might be part of the overall problem. People with chemical toxins in their body often have blotchy skin eruptions and are sensitive to inhaled or epidermal irritants.

Detox, Environmental -Antidotes toxic effects of metals absorbed in the body from the environment, eliminating them

Tonsil/Throat -Relieves redness and soreness of the throat; helps with the feeling of lump in throat or swelling that makes it hard to swallow and helps with mucus drainage of the throat.

Tuberculosis -Loss of weight, loss of energy, poor appetite, fever and wet cough. See also Cough remedies.

Tumor -Regenerator of diseased tissue, (tuberculous ulceration). Growths and eczema affecting external and internal organs. Inflammatory and trophic rashes. Anomalous epithelial growths, formation of scales and warts.

Ulcer -For ulcers of any kind, any place in the body

UTI -urinary tract infection -Inflammation of the kidneys, renal calculi, sharp stinging pains in the kidneys, pains in the sacral region. Peritonitis, piercing pains in the bladder, inflammation of bladder, burning pains when urinating, yellow urine and turbid.

Varicose -Venous stasis, varicosis, varicose ailments, varicose eczema. Inflammation of the veins, choking of the veins in the lower limbs, eczema, itching and heaviness in the appendages.

Vertigo -Vertigo, syncope.

Wart -Use orally as needed; also apply topically on wart.

Woolsorters -This remedy has been known to counteract the effects of the bacteria that causes anthrax. The name of the vial implies the bacteria is from inhaled origin, but this remedy helps to increase the body's natural ability to fight the bacteria no matter what the origin.

Yeast/Mold -Consider using for any symptoms of yeast, mold or candida albicans (topical, vaginal or systemic). For thrush, alternate with Mouth and Intestine remedies (which may be used/made together).

via the urinary tract. Sensitivity to gasoline and exhaust are a good indication that this remedy is needed.

Detox, Metals -This remedy aids the body in detoxification of heavy metals. Cracking, bleeding eruptions on the skin are one of the foremost signs that metals are a large part of the problem.

Detox, Protein -Albuminuria, proteinuria, nephrosis.

Detox, Radiation -This remedy helps the body eliminate accumulated radiation. Sources might include x-rays, airline travel, excessive use of microwaves, experimental work, etc. Symptoms often include low energy, mental fog and tightness in the throat/thyroid area.

Detox, Vaccine -Relieves the ill effects that often result from vaccinations: inflammation, irritability, mood changes, reactions to puncture, fever, anxiety and fears, even mental retardation or loss of certain brain function caused by allergy.

Detox, Virus -For viral infections and toxic build up caused by the flu, sore throat, tonsillitis, childhood sicknesses and other disorders. This remedy is very effective for the flu, especially if used in combination with other pertinent remedies like lymphatic congestion or cough.

Detox, Worms -Worms of all types: ringworm, roundworm, tapeworm, this remedy helps the body eliminate any of them. Make sure the bowels are working well when you start this remedy. NOTE: This remedy often works well when alternated with the Detox, Virus remedy.

Psora, Sycosis and Syphylis are names for the most common Miasms, which are lingering expressions of toxicity emanating from DNA expression. They are part of the current DNA expression because previous generations (in your own genealogy) had particular disease that were never treated or was treated in a manner that suppressed the illness rather than help the body dissipate it. The vibrational pattern of the disease remains in the cells until it is corrected.

Psora -The word Psora is derived from the Hebrew 'Tsorat' and Greek 'Psora' and means a groove or stigma. Hahnemann (the father of homeopathic medicine) held that all non venereal chronic diseases are Psoric. That includes most diseases of a chronic nature, all skin diseases, most mental illness other than syphilitic ones, allergies, varicose veins, hemorrhoids, most dysfunctional diseases of organs and systems, etc. This miasm remedy is listed positive, among others, catarrhs, asthma, pleurisy, hemoptysis, hydrocephalus, stomach ulcers, scrotal swelling, jaundice, swollen glands, cataract, diabetes, tuberculosis, epilepsy, fevers and suppressed urine as all being typically psoric manifestations. Plus, of course, the whole gamut of skin problems. Hahnemann claimed that Psora was the most ancient and insidious miasm, and that it was derived from skin eruptions of various types in the past, such as scabies (Itch), leprosy and psoriasis. These had been contracted by ancestors or in one's own early childhood. The suppression of these conditions especially through the use of ointments or medications of a suppressive nature.

Psora indicates a state of deficiency caused from pre-generational tuberculosis or leprosy, following are common characteristics:

- Eyes sensitive to sunlight
- Dry, scaly ears and coat
- Herpes sores around the mouth
- Excessive hunger, especially at night
- Love sweets (chocolate if female)
- Becomes easily bloated with abdominal gas because of poor assimilation
- Likes to lean against walls
- Overeating leads to diarrhea or colic
- Always itching, something always needs scratching
- Fear, mental restlessness and anxiety are all part of the physical expressions of this miasm

Sycosis -This miasm remedy is held to be responsible for many sexual and urinary disorders, and affections of the joints and the mucous membranes. Also those conditions worsened by damp weather and by contact with the sea. Thus arthritis and rheumatism, asthma, catarrhs, bronchitis, cystitis and warts are all regarded as partly or mainly sycotic in character. The wart came to be seen as the underlying archetype of this miasm as it is also held to be responsible for all warty excrescences and growths.

Sycosis indicates excessive tissue growth: this miasm is considered a forerunner to carcinoma of the cervix, uterus ovaries and breast.

- Warts, polyps, unnatural thickening of the skin
- Jealousy
- Challenge authority
- Urogenital problems
- Anemia
- General catarrh
- Inflammation of muscles, rheumatism
- Leukorrhea
- Diarrhea and colic
- Joint stiffness from gout; inability to digest meat
- Shingles
- Intolerance of vaccines
- Chronic rhinitis, swollen nasal turbinates
- Colibacillosis

Syphilis -This miasm remedy is held to be responsible for many diseases of the nervous system, the blood and skeleton as well as a range of psychological disorders, including alcoholism, depression, suicidal impulses, insanity, loss of smell and taste, blindness, deafness and ulcerations. It is also associated with many heart conditions, some vesicular skin eruptions and diseases that have a definite nocturnal periodicity.

Syphilis is deforming, destructive and creates ulceration of tissue. Common characteristics include:

- Pustules, suppuration of pus, does not itch, is not sore
- Greenish-yellow eye discharge
- Enlarged mandibular lymph nodes, tonsils
- Ulceration of eyelids, cornea
- Nosebleeds
- Bone deformities
- Chronic catarrhal discharge from nose
- Mouth ulcerations that biopsy as eosinophilic granuloma
- Degenerative arthritis
- Vaginal rash, non-itch
- Cancer, sclerosis, rheumatism, affects glands and bones
- Pigmented or plain skin nevi
- Hair readily falls out
- Crooked teeth
- Headache like band
- Corneal ulceration and astigmatism

NON-INCLUDED SYMPTOMS WITH REMEDY SUGGESTIONS

Frostbite- Injury 1; if the area is purple, use “Bite, Snake” remedy

Heat Stroke- use Burn remedy

Fainting- use Burn remedy

Dislocations- use Joints Ache remedy

Growing Pains- use Bones remedy

Exhaustion- use Stroke remedy

Cold- use Tuberculosis or Influenza; if you have had any shots recently, use Detox Vaccine.

Mucus –useTonsil remedy.

Typhoid –see Diarrhea.

Typhus –see Diarrhea.

Lymes –use Joint Ache, plus Bite or Anaphylactic.

Cholesterol -try Blood Pressure remedy.