

INSTRUCTIONS FOR CREATING A BALANCED TBA PROGRAM

Revised (5-2007) TBA kit use for Chapter 7 of Book 02, Mastering Health, by Dr. Reuben T. DeHaan.

It is assumed that you know how to test with kinesiology either by self testing or by using the arm in the traditional kinesiology (muscle testing) form. To practice TBA efficiently, you will need to use some form of self testing. If you are not confident in self testing, please review Video 01.

SUMMARY OF TBA TEST KITS

1. Master Kit – identifies the cause of the problem: parasite, virus, fungus, bacteria, chemical, geopathic, etc.
2. A&P Kit set – identifies the specific areas of weakness and possible referred areas of weakness.
3. Nutrition Kit – identifies the nutritional elements that are out of balance and contributing to chemical imbalance.
4. Classical Kit – jump starts healing by initiating the body's natural immune potential.
5. Symptom Kit – pre-made homeopathic remedies for those who are not confident testing with the TBA system.

With Primary and General used in the way I am going to explain, you can rest assured that you are going to find the most pressing health issues a person has and begin working on the solution, even if the people you test don't tell you a word. No matter what a person's complaint, we always do Primary and General. These are what I call the robot tests. Every TBA practitioner should be doing Primary and General in the same way. You may add special twists after that, which I will also show you, but if you are going to be a TBA Practitioner, you are asked to do Primary and General the way I am explaining it. Certification posts you on HCMI's website as a practitioner we would recommend, so it is important that you are doing your initial protocol the way it has been taught. This makes us confident in referring people from your area to you.

PHONE NUMBERS AND CONTACTS YOU MAY NEED

Making the mother solution that goes in your bottles is simple. Purchase one gallon of steam distilled water and add two to four ounces of brandy or vodka to the water. Fill the two ounce bottles 9/10ths of the way, insert a dropper, and you are ready to make remedies.

Industrial container - for purchasing 2-oz. bottles to hold remedies - ask for stock number-GO61ST (72 bottles/case)
801-972-1561

Willard Water (dark) - for making the mother solution that goes in the bottles
800-447-4793

Brandy/Vodka –plain - for making the mother solution that goes in the bottles
local liquor store

I like to use steam distilled water rather other options such as spring water or water with Liquid Detox in it. I want to start with as neutral a substance as possible and I find that the steam distilled base does that best. The Willard Water adds minerals to what would otherwise be blank water. The combination of Willard Water and alcohol helps preserve the solution from contaminating germs, but, more important, this combination makes the solution more receptive to capture and holds the frequencies that the Remedy Maker will be sending into the bottles. Can one make the solution without alcohol? Sure, but it will not hold the frequencies as strongly or as long.

Understanding the Following Instructions

The greater-than symbol (>) is used as a sign for "track to." If I said I was going to track the M-1 vial from the Master Kit to the Large Intestine vials to find out which parts of the Large Intestine are harboring toxic metals, I would write M-1 > Large Intestine or M-1 > #8.

TESTING FOR PRIMARY

If you have visited us for an Internship, you will remember that the first thing you do is make a Primary remedy. There are several reasons for this. First of all, Primary is what the body is most willing to correct. As the body is exposed to toxins, they accumulate in the body the same way that rings show the age of a tree or an onion grows in rings as it matures. There is no telling how the body records all of the things we are exposed to from moment to moment and day to day, so reversing the layers can only be done through kinesiology or some method that allows the body to indicate its electromagnetic information. When you correct things out of layer, the body often drives them deeper into the body or simply moves them to another location. Treating out of layer may correct the symptom but should not be considered healing or even correction of the problem. A healing crisis (getting worse before you get better) is often welcomed as a sign of progress, but a crisis is often caused by treating something out of layer. The healing crisis isn't always a bad thing. It can be the result of reduced function in the elimination channels. If a healing crisis occurs, the use of nutrition or additional elimination therapies such as fasting and/or enemas (coffee is most common) should be considered to help the body eliminate the overload causing the crisis. The second reason we promote Primary is because it is often the cause behind a multitude of smaller issues. Think of Primary as the first domino in the front of the line you are about to knock over. If you line it up right, you can push the first domino, and it will tumble and create a chain reaction that knocks them all down. That first domino should be primary.

The vial marked Primary, found in the Master Kit, has been created with frequencies that basically ask the body to identify its weakest link, or you might say, the area that the body is most ready to work on. To find Primary, hold the Primary vial and test it against the A&P category vials (#1 through #30 in the first box of your A&P Kits). If more than one vial comes up, use the challenge scale and find the one that tests highest (on the TL scale of 1-10). While holding the highest rated A&P vial, any others you found should no longer test high. This means that correcting the high one will correct the other weaknesses. That one vial that corrects the other vials would represent the domino at the front of the line. Most weakness begins in one area. When nothing is done over time, other areas of the body become overwhelmed trying to take up the slack for the initial problem. The longer the problem remains, the more it affects surrounding tissues and influences organs/glands, but it all started with the one area. You should expect to find just one Primary most of the time although there are instances where more than one is involved. This is determined if two or more challenge high and one does not cancel the other one out. Put Primary back. When there is more than one primary system, go to each of those subsystems separately and identify the vials needed, then combine them all in your hand before tracking them to Master (DCA) to find the cause of the weakness.

Remember that if you have no A&P category for Primary, you move to Nutrition to find your Primary (Nutrition > DCA > A&P). If Nutrition is Primary, you may find one vial or several. I use anything that tests "seven" or higher on the challenge scale when Nutrition shows Primary, not because I test each vial, but because I have conditioned my intent to show me only the highest areas of imbalance. If Nutrition is Primary because there was no A&P Primary, this means that the body is in a position to build, that it needs to re-establish fundamental nutritional elements before it can move to detoxification or regeneration. I am not saying it is a good or a bad thing . . . it just is.

If there are no Nutrition vials for Primary, you move to the Master Kit (DCA > DCA > A&P > Nutrition). Notice that when DCA is Primary, I pick up whatever vial or vials I find and track those right back to DCA. Pick up whatever you find there before moving on to A&P. Why the difference? The most important clue to real wellness is successful detox. If the body is testing that it is able to detox so much that it makes DCA Primary, I take the opportunity to get as much as I can corrected. It means the body is ready and equipped to detox. But few realize that many of the toxins we have, particularly the microbes, are forms that mutated from other microbes we had before the current ones. So Primary may show one of the herpes viruses, but by tracking that back to DCA and finding it tracks to V-29 or I-1 or both, you find that the herpes virus originated in a vaccination, particularly the Rubella vaccine in this case.

I find one of the A&P systems as Primary about 80 percent of the time, Nutrition about 9 percent, and DCA as Primary only in one out of every 100 cases. So it isn't very often that you will see DCA as a Primary. In all the years I have been doing TBA, I have found a person or two who showed no Primary at all. It is extremely rare, but in these cases, I suspect the person does not want help or his body is so emotionally tied up he is unable to move forward. I generally stop testing and start talking to him about the biggest stress he's ever had. As he dumps a little, I test again to see if the body is revealing anything yet. Most of the time, you just need to dislodge the emotional hurt that has his system all locked up. I am talking about first timers now. If you have someone who was in for testing a few weeks ago, then he catches the flu or something and comes in for a remedy, you may not find a Primary just because the body is still working on the last issue.

If no pathogen is found for a remedy, which means no virus, parasite, bacteria or fungus (vials in the Master Kit beginning with V, P, B, F), track your remedy to the Classical Kit. This is further explained in the description of Classical Kit.

Place a rubber band around your pack of vials and proceed with General Remedy before making Primary. You are not ready to make the remedies until you've addressed the Classical Kit and the Symptom testing (see Finalizing Your Remedy).

TESTING FOR GENERAL

General (in the Master Kit) is used to give the big picture. Consider it as a general scan of the body--a bird's-eye view of what's going on. I often tell people it is the TBA way of doing a "physical." It's the closest thing we have in kinesiology to a blood test, X-ray, CT scan, and psychological profile all in one. Remember that the cause of the problem is not always directly linked to the complaint someone feels, because the causative factor can create a chain reaction of symptoms. What that means is that you may not find Stomach as a weakness even though a person complains of stomach pain. TBA is designed to show the problem areas, not the areas where symptoms are felt. Remember that; it is very important. We have been trained to think that a Stomach pain means there is something wrong with the Stomach, or that "typical" hormone symptoms indicate the need for hormones. But it may not be that way at all. What if there is a virus in the brain that has been gaining momentum for many years, and now it has reached a climax and is disturbing signals required to keep the stomach working normally? For this reason, which is truly looking for the cause of the problem, do not get trapped in trying to focus on symptoms. Use TBA as it was intended--to identify and correct the cause. Follow that through and your symptoms will automatically disappear.

Notice that the Evaluation Form supplied for you online (click Consulting > Practitioner Forms > Evaluation Form) has Primary listed, and then it has each of the A&P categories and the DCA categories with parentheses after each category. Testing Protocol: You don't need any vial in your hand; we are looking for the health status of each system. Touch the first of the A&P vials, which is Metabolic, and TL it on the challenge scale (1-10). Whatever the number is, write it in the space provided after the word Metabolic on the Evaluation Form. Duplicate this step for each of the A&P category vials and the DCA category vials. Because you are testing entire categories in the Master Kit (DCAs), try to span an entire section and test. For example, the Chemical section includes five vials. Place your hand or fingers across all five vials and test. Whatever number you get, that is your number for chemicals. When you have many rows, such as with viruses and bacteria, cover as many vials as you can with your hand and move along the row until you have all the vials of that section tested. Whatever your highest number is will be what you place on your Evaluation Form.

Once you have rated all the vials and marked them down on your Evaluation Form, you want to find the first "10" you marked on your Evaluation Form. Look at it in the order that you test, Metabolic through Growth, then DCAs. This will indicate the area that is weakest. The A&P vials were created in the number sequence they are in for a particular reason. This means that the health of any of the systems listed is, in part, contingent on the systems listed which precede that vial. If Cardio and Liver are both "nines" on the challenge scale, you can't expect Cardio to achieve health if Liver does not achieve health first or at least at the same pace. If you don't have any "10" in the A&P vials, then move to the DCA vials. The first "10" is where you start. Once you have identified it, and we will pick Liver for this case, you will test all the subcategory vials of the Liver section and pick up any that test in need. It does not matter where it tests on the scale. If it tests in need, pick it up. Now hold all the subvials that came up in the Liver section and see if it cancels out the rest of the vials you popped up when you tested through General. **Here's an example of another "it" that is unclear in the phrase "and see if it cancels out the rest of the vials." Also, it's unclear whether you mean "Now hold each of the subvials that came up in the liver section and see if it cancels out the rest of the vials you popped up when you tested through General." What I mean is, does the practitioner hold up each subvial one by one or group them all together and hold them together as one unit to see if they cancel out the vials that came up through General? If he's supposed to hold them all together, "it" would have to be "they." Let me know what you mean, and I will type in any clarifications.** By canceling, I mean that the other A&P category vials now drop to zero as if the problem is no longer there. **In this last sentence, when you use the word "zero" are you referring to zero on the challenge scale? If so, I'll write it as "0" for consistency.** If Liver did not cancel out all the A&P vials (let's say the Blood vials still tested high while you were holding that Liver vial), **here, do you mean "holding those liver vials"?** then you know your remedy will include the Liver and the Blood vials. You will be working on two systems for this General remedy. Most of the time I find one or two systems, but I think I found six systems that did not clear out with the original high vial once. And yes, I used all the systems in that TBA remedy. The simplest way to do this is to find the subvials for the first system (Liver in this case), put them down, and then find the subvials for the next system (Blood vials in this case), put them down, and repeat for each system until you have all the subvials picked out. Once you have the subvials for each system, pick up all the subvials (Liver and Blood in this case) and then track to DCA, then to Nutrition.

If no pathogen is found for a remedy, which means no virus, parasite, bacteria or fungus (vials in the Master Kit beginning with V, P, B, F), track your remedy to the Classical Kit. **Same issue as before. The word "bacteria" is plural. Bacterium is singular. All the other things in your list (virus, parasite, fungus) are in the singular form, so, to be correct, bacteria has to be "bacterium" to be technically correct. Another way around this is to make them all plural. In that case, it would read: "If no pathogen is found for a remedy, which means no viruses, parasites, bacteria, or fungi (or funguses). . . ." Let me know what you prefer to do in this case and I'll leave it alone or type it in.** This is further explained in the description of Classical Kit.

Place a rubber band around your pack of vials and proceed with General remedy before making Primary. You are not ready to make the remedies until you've addressed the Classical Kit and the Symptom testing (see Finalizing Your Remedy).

ADDING SYMPTOM SUPPORT TO FINALIZE YOUR REMEDIES

At the end of the Primary and General sections, I indicated that your testing was done but that you were not ready to make the remedies. On page one, I indicated that all TBA practitioners should be testing Primary and General the way I described. If done the way I have explained, you can be sure that you are dealing with every major health challenge that may be a threat to the body. That does not mean every symptom, though. Primary and General assure that you, the practitioner, are doing a good job in your health care, but, let's face it, if you can't help people achieve relief from the symptoms or conditions they came in for, they may not come back. Thus we need to assure that the TBA remedies are not only dealing with the main health challenges, but that they are also addressing the areas clients are concerned with, namely working on their symptoms. I don't mean to be redundant, but I have seen too many people learn how to use the kits for symptom relief and lose sight of the big picture, the true potential of TBA—fixing the cause. So I am going to help you address symptoms so that your clients are feeling and seeing results, but please use this only as additions to your Primary and General. And as you will see, we literally will be adding any other vials we come up with to the Primary or General vials.

When a person comes to see me, he sits in a chair that is next to my kits. I sit in front of my kits, and my foot or knee touches the client while I proceed to touch rows of vials with one hand and test with the other. Before I begin testing, I talk with the person for a moment. He should have filled out the Permission Form and indicated what issues or symptoms he wants help with. As I look over the form, I might ask a few questions about what he wrote, trying to get more details. How long has he had the symptom, when did it start, did anything change in his life when it started . . . a death in the family, a physical trauma, a trip, etc. The point of this is to communicate a little to see if any pertinent information comes forth. As I talk about each issue, it becomes a category on the Evaluation Form I will be filling out for the client. There should be about seven categories on the form. Categories 1 and 2 are used for Primary and General, which leaves five other areas you can play around with. If the person complains of blood pressure issues, I write "blood pressure" for Category 3. Category 4 might be "tooth pain," and those are the two issues that person came in for. When you learn to fill out the Evaluation Form correctly, you see that the line under each category is for listing and rating the TL number found for each area you have tested. The areas you will test for each complaint are suggested in the Symptom section of the Practitioner's Manual.

If you look up Blood Pressure in the Symptom section of the Practitioner's Manual, the text says you should test renin from the Kidney section (10i) and angiotensin mechanism from the Adrenal section (14g). So the line under blood pressure should have the following written in it: 10i (), 14g (). The parentheses provided after each vial is for the TL number (the 1-10 rating we do in TBA) that each vial tests. If there is an issue with blood pressure, one of the two indicated vials should show a high number on the TL. If the vials test at "zero" or if they have a very low number, there is little concern with the blood pressure. If there is a reported blood pressure issue, simply balance whatever else you find wrong in your Primary and General test and it should normalize any blood pressure issues. The reason we have to list and rate things is because many symptoms could come from a variety of things, and we need not only to look for them but also to document what we find so we can refer to them later if needed. For example, let's say the person you are testing suddenly asks if you see any issues with her calcium. She is getting older and the doctors have told her she needs to be on something for her bones. You would naturally check the calcium vial, but you would want to check all the things that also relate to calcium. In the illustration below, you see that bone checks out fine, calcium checks out fine, but calcitonin shows a problem. Well, if you look up calcitonin, you see that it is a hormone the thyroid makes to keep calcium available. Taking more calcium isn't going to help that a bit. So, out of all the options, it is 13d that goes on the line after bones because, out of all the options relating to calcium, that is the one that needs attention, the one found to be out of balance.

3 blood pressure	14g >
10i (0), 14g (7)	
4 tooth pain	3a-d, g >
Check each of the teeth vials and list any that show weakness above.	
5 bones	13d >
2ggg (0), min7 (1), 13d+++ (9)	

Now, we have identified the A&P vials (body parts) causing the symptoms in this client, but we still have no clue why this is happening or what the cause of the A&P imbalance is. For this, you must pick up whichever vial or vial group you are working on, and track it/them back to the A&P category vials in the first A&P Kit. A&P category vials are the ones numbered 1-30. What this is going to tell us is which system, if any, is involved or responsible for imbalance in the vial whose symptom we are trying to correct. With the illustration we have started, we are referring now to angiotensin mechanism (14g) for category three. Sometimes, tracking your symptom vial (14g) back to A&P categories will reveal nothing. If it does not, you can move forward and track that vial right to Classical. More often than not, you will find that the vial you are tracking (14g in this case) tracks back to one of the systems that showed weakness during the General testing. What that means is that if you correct that system found weak in General (whose vials should have been tracked to

DCA and Nutrition and should now be waiting in a rubber-banded bundle), the symptom you are tracking with your vial, blood pressure in this case, will correct itself. For example, let's say that 14g tested a "seven" on the challenge scale. You wrote that in the parentheses after the 14g. Well, a "seven" indicates a pretty decent imbalance. So you pick up the 14g vial and track it back to the A&P categories and find that it tracks to the Blood vial, which is #29. You know that you are already working on Blood in the General remedy, which means you already chose the subvials from Blood and tracked them to Master Kit to find the DCAs responsible for making the Blood weakness. Technically, when you correct the DCA, the blood issue responds, and, in this case, when the blood issue responds, the kidney function will normalize and 10i will drop to "zero." This is how it usually works, which is why I say that if you'll work on Primary and General as I have explained, you'll have all your major bases covered.

But . . . there might be several areas of the body that will need to be fixed before the blood normalizes enough to take all the stress off the adrenals, which is where the symptom is. By tracking 14g to A&P, you find out if an area/symptom has any contingencies for getting better. In this case, there is--the blood. If you do not correct whatever is happening with the blood, you will not be able to correct the blood pressure issue. And keep in mind that this applies to this case; it does not mean that blood is always the cause of blood pressure issues. Note that by failing to correct the cause of the symptom, in this case the blood, you can still reverse the symptom. We call this "patchwork." This is what people are doing with herbs, eating healthy, exercise, and most of the alternative therapies out there. Just because you reversed the symptom does not mean you did anything about the cause. TBA, if done the way I am explaining, which includes Primary and General, will address the cause. But, like I said, it may take several layers to correct the cause. In the meantime, you need to work on the symptoms with extra A&P vials and Classical vials. The goal is to put a little patchwork in the remedies so you are working on the symptom while you are working on the cause. The overall cause is being addressed in Primary and General, but this additional testing is showing you what areas you need to support, or patch up, while the body works on the cause and corrects the root issue long term.

3 blood pressure	14g > 29
10i (0), 14g (7)	
4 tooth pain	3a-d, g > Mag.Phos
Check each of the teeth vials and list any that show weakness above	
5 bones	13d > 15 > Juniper
2ggg (0), min7 (1), 13d (9)	

It boils down to this: Use the suggested vials or systems discussed in the Symptom section of the Practitioner's Manual to find the vials that need support for the issue, complaint, or symptom for which the client seeks help. If the Symptoms List does not discuss the issue you want to help, simply find the vials that seem to relate to the area of concern. If the client complains of pain in the stomach, test the Stomach subvials and track them to A&P, then the subvials of whatever system comes up, then to Classical. Repeat this process for each category and put those vials aside. When you have all the symptoms done, see if you can add all of them to the General remedy. Remember, we have a bunch of vials for Primary sitting by, a bunch of vials for General sitting by, and now we have three smaller groups representing each of the categories listed.

MAKING THE REMEDIES

Our goal is to be able to add all these extra vials so that we are dealing with all the categories this client wanted to address, but still end up with only two remedies. Thus we need to find a way to add the extra vials. BUT, and this is a big but, TBA is all about balancing energy. If we balance the energy of the body, it can heal. So it would defeat our purposes to make great remedies, like Primary and General should be, and then add a bunch of miscellaneous things that throw out the balance of the energy. The way we check to see if a remedy is balanced is by checking it against the POS and NEG vials in the Master Kit. Just as you would use these vials to check supplements, you can use them that same way to check TBA remedies. If you made Primary and General remedies as I explained, they should be pretty balanced already. The question is: Can you add the vials that you want to use to correct Categories 3, 4, and 5? CLUE: If some of the vials you are tracking track back to one of the systems already found in Primary or General, the vials for that category should easily go in that remedy without changing the POS value. Category 3 tracked to 29, which is part of the General remedy, so you can add those to General. We didn't test for a Primary in this scenario, but assuming that none of the vials in Category 4 or 5 is similar to a vial in Primary, we still need to put them somewhere. My first choice is to add them to General. So you pick up General, add the vials from Category 4 or 5 to it, and test it against the POS vial. If it tests high, the remedy is ready to be made. If it does not test high, see if you can add those same vials to Primary and still have it test high POS. Basically, before you make a TBA remedy, make sure it tests high POS. But what if the extra vials you want to use to assure that you are patching up each of the categories don't test that they can go with either of your remedies?

Well, this is where the doses come in. HCMI supplies vials that look just like the ones in your kit, but they are without a label. Keep in mind too, that when vials cannot be added to Primary or General, I often find that Primary and General can be added together, which leaves you a second remedy for all the rest of the vials. If you have extra TBA vials that you need to make a remedy for and it won't go in one of your remedies though, mentally test for how many doses that person will need to "jump start" the issue that is going to be addressed. I find that 10 doses or less is a good average. You can then test for how many doses will be required in a day. I find one is the average, but if it is more than that, you need to find out how many the client will need in a day as well as how many minutes or hours must pass between doses. More on this concept of doses can be found in the Classical Kit section.

Adding DCAs That Test High as a Category

When you are doing your General evaluation, if any of the DCA categories test high on the challenge scale, make a category on the sheet for that DCA. You need to find out what vial (or vials) is the high one in that category and write it after the line on that category. The main reason for doing this is, in part, so that when the client comes back, you can look at the last evaluation sheet and the category section to see what the target areas of concern were. This lets you follow up on important issues like Malignancy, and lets you quickly see if any areas that were high are better in the latest consultation. The other reason for writing down the vials that test high within a DCA category is because getting detoxified is the primary goal in TBA. The body cannot heal and regenerate when it is still full of toxins, so seeing those toxins drop to "zero" is very important. Because we rate the DCAs in categories, you might get a "10" on parasites one visit, and still get a "10" on the second visit. If you don't find out which vial is the high one and write it down, you don't know if you're making progress. I had someone test for parasites at a rate of "10" on the challenge scale, five different visits in a row. Normally, if someone tests high for the same issue several times, I think that either the person is not taking his remedy or that I didn't make the remedy effective enough, or that he is getting re-exposed, which is preventing the body from getting over the issue. With this person, it would appear that nothing was happening, but each time he was in, I wrote down the parasite vial that tested highest. Each time he came in, the vial changed, which means that the body recognized a certain class of parasite in the body, and, as it dealt with that class, the body was able to show the rest. This is how layers work. Anyway, each time he came in, the parasite vial changed, so I felt we were certainly making progress. You only have so many categories you can write down before you run out of space. If I have all the spaces full because the person has so many complaints, I will write the specific vial next to the area in which I listed that category up in the General section.


BALANCING YOUR TBA REMEDY

At this point, your remedy is ready to be created. After you have made your remedy, test it again against the POS vial in the Master Kit. You see, the machine cloned all those frequencies and imprinted them into the bottle. That is great, but sometimes it could still use some tweaking if you want the best results. So, hold each remedy and test it against the POS vial. It should test high on the challenge scale. I expect "10." If it doesn't test that high, there are two things to consider: it needs to be boosted, or it needs a Bach Flower added to it. As a rule of thumb, you will find that if the remedy has a Classical in it and does not test POS, it needs to be boosted. At this point, you have not shut off the machine, so just flip the switch over to boost and hit the "mom" side of the machine to make the remedy again in boost mode. If there was not a Classical in the remedy and it is not high POS, hold it while testing the Bach Flowers. You should find at least one (that is what I generally find), but you may find a couple. You don't have to remake the remedy, just take the cap off, add six drops or so of the Bach Flower, and it should now test high POS. The next section discusses what it means when a Bach Flower is needed to balance a remedy.

If you are practicing TBA, you are asked to use the forms we supply so that no matter where a person goes in the country, he/she can expect the same excellent results, and another TBA practitioner can review previous testing results. Please review the following samples, which are real evaluation sheet copies, so you can see how we use the form.

FORM 1

TBA EVALUATION RESULTS

NAME: <u>Mary Knight</u>	DATE: <u>1-3-07</u>	
Progress:	Notes:	

EVALUATION RESULTS -the number listed in parenthesis represents its level of weakness: "0"=no weakness, "10"=very weak.

Primary: <u>Spinal</u>	<u>18g-d, e-k, m-o, ff → vit 17, 14 → Se+11, 12, Cu24, chicken + #10</u>
Metabolic () Cellular (3) Teeth (2) Mouth (2) Stomach (10) Pancreas () Sm.Intestine () Lg.Intestine () Liver/Gallbladder (10) Kidney/Bladder () Pineal () Pituitary () Thyroid () Adrenal () Cardio () Lung () Brain () Spinal Cord (10) Nerves () Lymph () Thymus () Spleen () Structure () Male (3) Female (2) Skin () Eyes () Ears () Blood () Growth (10) RNA () DNA () Spiritual () Emotional () Metals () Virus () Injection () Geopathic () Parasite () Insect Bite/Sting () Injury () Bacteria () Fungus () Chemical () Mal (10)+30 (10)	
2 General: <u>Stomach</u>	<u>5b-r + 3b, 25b, c, b, g, r, x → mel, B14b, 17, ml → vit 18, min 35</u> <u>+ Kali Carb, #5</u>
3 <u>shoulder pain</u>	<u>116b-o, u-w, gg</u>
4 <u>muscle constipation</u>	<u>corrected by general</u>
5 <u>BP</u>	<u>101 (10) 142 (10)</u>
6 <u>Diabetes</u>	<u>16k-m → 18</u>
7 <u>mal</u>	<u>→ B14b, 17</u> <u>mal + 30 → mel → Kali Carb added to general</u>

YOUR TBA PROGRAM RECOMMENDATIONS: Use the checked items as directed or until your next visit.

<input type="checkbox"/> Super Nutrient	<input type="checkbox"/> Liquid Detox
<input type="checkbox"/> Digestive Aid	<input type="checkbox"/> IC-1
<input type="checkbox"/> Bowel Stimulant	<input type="checkbox"/> IC-2
Additional Cleansing/Detox to do at Home: explained at http://www.hcmionline.com/gwsw/additional_cleansing_therapies.htm	
<input type="checkbox"/> Grape Juice Flush	<input type="checkbox"/> Coffee Enema
<input type="checkbox"/> Liver Flush	<input type="checkbox"/> Regeneration Flush
<input type="checkbox"/> Castor Oil Pack	<input type="checkbox"/> Pathogen Flush
<input type="checkbox"/> Artificial Fever	<input type="checkbox"/> Alkaline Flush
<input type="checkbox"/> Liquid Detox Bath	
Special Diet: <u>avoid chicken for 4 weeks</u>	

ADDITIONAL: ☐ Constitutional \$ ☐ Tuning \$ ☐ Reset \$ ☐ Symptom \$ ☐ Urine/Saliva \$

The remedies made for you will be most effective if you are drinking plenty of fresh ☐ water every day (50 oz. for every 100 pounds that you weigh); you are doing aerobic ☐ exercise several days each week and you are moving your ☐ bowels once for each meal that you eat (if not, please let us know).

✓ Next Evaluation recommended in: 4 hours days weeks months as needed

If you have any question about your consult, or wish to schedule your next appointment please contact your TBA Practitioner.

TBA EVALUATION RESULTS

EVALUATION RESULTS -the number listed in parenthesis represents its level of weakness: "0"=no weakness, "10"=very weak.

YOUR TBA PROGRAM RECOMMENDATIONS: Use the checked items as directed or until your next visit.

ADDITIONAL: ☐ Constitutional \$ ☐ Tuning \$ ☐ Reset \$ ☐ Symptom \$ ☐ Urine/Saliva \$

The remedies made for you will be most effective if you are drinking plenty of fresh **water** every day (50 oz. for every 100 pounds that you weigh); you are doing aerobic **exercise** several days each week *and* you are moving your **bowels** once for each meal that you eat (if not, please let us know).

If you have any question about your consult, or wish to schedule your next appointment please contact your TBA Practitioner.

FORM 3

TBA EVALUATION RESULTS

NAME: <u>Martha Craft</u>		DATE: <u>1-4-07</u>	person photo
Progress:		Notes:	

EVALUATION RESULTS -the number listed in parenthesis represents its level of weakness: "0"=no weakness, "10"=very weak.

* Primary:	<u>Scit6-8,10,AA17,m,n25,29,35 → RNA → Viscera</u>	<u>(3)</u>
Metabolic () Cellular (2) Teeth (2) Mouth (3) Stomach (2) Pancreas (10) Sm.Intestine () Lg.Intestine () Liver/Gallbladder () Kidney/Bladder () Pineal () Pituitary () Thyroid () Adrenal () Cardio () Lung () Brain () Spinal Cord () Nerves (3) Lymph (2) Thymus (2) Spleen (2) Structure (10) Male () Female () Skin () Eyes () Ears () Blood (10) Growth () RNA () DNA () Spiritual () Emotional () Metals () Virus () Injection () Geopathic () Parasite (4) Insect Bite/Sting () Injury (10) Bacteria () Fungus () Chemical () Mal () +30 ()		
* 2 General:	<u>Pancreas lob-K,n +23a-f,k → Phyl3 → Aconite, Juniper</u>	<u>+ #3,4,5,7</u>
3	<u>gums bleeding</u>	<u>3 (10) Vit17 → 29bb → Juniper</u>
	<u>vitc (10)</u>	
4	<u>heart</u>	<u>15m,n,t,z,aa → Juniper</u>
5	<u>breast tissue</u>	<u>near progestone</u>
	<u>Female</u>	
6	<u>Injury</u>	<u>Phyl3</u>
7	<u>4:30 am wake up</u>	<u>160,gg → Juniper</u>

YOUR TBA PROGRAM RECOMMENDATIONS: Use the checked items as directed or until your next visit.

<input type="checkbox"/> Super Nutrient	<input type="checkbox"/> Liquid Detox
<input type="checkbox"/> Digestive Aid	<input type="checkbox"/> IC-1
<input checked="" type="checkbox"/> Bowel Stimulant	<input checked="" type="checkbox"/> IC-2
Additional Cleansing/Detox to do at Home: explained at http://www.hcmionline.com/gsw/additional_cleansing_therapies.htm	
<input type="checkbox"/> Grape Juice Flush	<input type="checkbox"/> Coffee Enema
<input type="checkbox"/> Liver Flush	<input type="checkbox"/> Regeneration Flush
<input type="checkbox"/> Castor Oil Pack	<input type="checkbox"/> Pathogen Flush
<input checked="" type="checkbox"/> Artificial Fever	<input type="checkbox"/> Alkaline Flush
<input checked="" type="checkbox"/> Liquid Detox Bath	<u>1 to 2 times</u>
Special Diet:	

ADDITIONAL: ☐ Constitutional \$ ☐ Tuning \$ ☐ Reset \$ ☐ Symptom \$ ☐ Urine/Saliva \$

<u>Artificial fever every 3 days for 5 times</u>
<u>Liq Detox Bath do in between artificial fever days</u>

The remedies made for you will be most effective if you are drinking plenty of fresh ☐ water every day (50 oz. for every 100 pounds that you weigh); you are doing aerobic ☐ exercise several days each week and you are moving your ☐ bowels once for each meal that you eat (if not, please let us know).

✓ Next Evaluation recommended in: 6 hours days weeks months as needed

If you have any question about your consult, or wish to schedule your next appointment please contact your TBA Practitioner.

UNDERSTANDING USE OF THE ORIGINAL BACH FLOWERS IN TBA

In TBA, we use Bach Flowers (the original 39) to balance a remedy if it is made and does not test high POS, which typically means there is no Classical in the remedy. We also use Bach for people who are fighting severe emotional traumas. Either way, you want to connect the Bach description with how it fits with the emotion associated with the system you are trying to help. Let's start with a first scenario where you are using a Bach because the remedy you made is not high POS. So you track it to a Bach Flower, maybe two (I think the most I have ever used is three at one time.)

For example: Your remedy is dealing with the heart. I don't worry so much about the DCAs or Nutrition that came up, but I worry more with the system. In this case, we will choose the heart. When you test your finished remedy against the Bach Flowers, you find that Beech tests really high with the remedy. This means that the properties of Beech will greatly enhance the healing properties of the TBA remedy, particularly in terms of emotional heart. Under the description of Beech, you find "Intolerant of others, Critical." The emotional correlation for the heart (located at the beginning of the Practitioner's Manual in the Emotional Section) says the heart has to do with joy of life, lack of emotions, etc. So you might wonder if the person who tested for Beech in a remedy that has to do with heart is critical about the amount of love or amount of fun in her life. When you say this, the person will most often agree. You can tell her that the remedy is going to help her deal with that particular area, so any "help" she can offer herself by changing her perception about the issue will only help to enhance the action of that remedy. In other words, for this person, the physical issue of the heart has a definite emotional tie to it, and you must correct the physical and the emotional to achieve balance or harmony in the physical heart.

If you neglect to use Bach in remedies that do not test high POS and don't have Classical, you will not harm the person, but using Bach adds a nice bonus to the remedy and is often the key to avoiding the healing crisis because it helps the client deal with some emotional stagnation that is obviously overflowing into physical symptoms. Some remedies will not need any Bach Flowers. You will know when this is the case because when you test the remedy against the POS vial, it will be strong already. That is fine. It's not that the person has no emotions in that area. I presume that there is an emotional aspect to every condition that affects the human body. Because TBA works with the body's recorded electromagnetic layers, we do not want to work on something the body is not ready for. If a Bach Flower tests with a remedy, it simply means the body is willing to address an emotional aspect connected to the physical issue being addressed at that time. If no Bach Flower tests, either the person is not ready to deal with the emotional aspect, or taking care of the physical aspect will automatically put the body in a state where it can deal with the emotional part. Correcting the physical often gives the body the strength it needs to process the emotional aspects connected with those areas of the body. If the physical body is not weak, negative emotions cannot live there or be harbored there. Of course, we all have will and choice, and some people keep themselves in a situation where the same negative issue continues to occur. In this case, don't expect the body to heal miraculously without a little decision and discipline, maybe even avoidance of the circumstance for a time so the body can grow strong enough or change perception enough to face the issue.

The other way that I use Bach is when clients are obviously overloaded emotionally. You can tell when that is the case because of the story they are telling about a recent death or trauma, or maybe they are crying while talking about an issue, or you just sense that they need a little emotional reboot. In this case, I will often make a category on the Evaluation Form called Bach. I don't like to call it Emotional because it sends a message to people, when they see it later, that they have a problem there. So go with Bach. What I try to do is have them tell me about the issue. As they are talking about it, their brain is obviously in the file that has stored all this pain or distress. While they are feeling it, I go through and test the Bach Flowers looking for the strongest one. If several come up, I check to see if the strongest one takes care of the others. It generally boils down to one, maybe two. Once the Bach has been identified, I will often track it to A&P to see what system correlates with it. I do this because the body stores emotions in the tissues (not in the brain, as most people think), so to add the frequencies of the tissues where the body needs help is only an extra boost. Once I have the subvials of the system it tracked to, or maybe two systems, I track all of that to Classical. No DCA, no Nutrition. Add the Classical you find, and you are ready for your emotional reboot remedy. Remember to check it against POS when done and follow what you have been told previously to balance a remedy. You will have a good idea about what that remedy is going to do for your client by combining the information in Bach, the emotional pattern of the system that came up, and anything pertinent in the Classical description.

At the time this was written, the best place we have found for Bach Flowers is <http://herbalremedies.com/bacflowes.html#8>. They sell a set with a very nice carry case at a price less than \$400.

CHOOSING THE RIGHT CLASSICAL REMEDY

A Classical remedy is used to “jump start” the body’s natural ability. The Classical Kit is made from traditional Classical homeopathic medicines. A Classical homeopathic is made from an item found in nature, primarily a plant or the venom of an animal, or from minerals, generally the more toxic ones. At least that is primarily what makes up the Classical Kit. There are more than 2000 traditional homeopathic remedies, but only the 150 most common and effective ones have been used to complement the TBA system. A homeopathic is just the energy of the original item. There is none of the actual original substance, so you can’t hurt someone with your Classical Kit. If you use it incorrectly, which generally means too much of the wrong thing, you can induce the very symptoms that remedy tends to correct. Like I said, it is not harmful, there is no health hazard.

Let’s discuss when to use a Classical. We already discussed two uses.

1. Use a Classical if you are making Primary or General and there are no microbes when you go to the Master Kit (microbes are viruses, bacteria, parasites, fungi, or vials starting with V, B, P, F). In this case, the body is not being asked to detoxify infection, which is what induces the greatest chance of a healing crisis, so you can take the action of the remedy to the next level of Detox or Support, whichever applies to that remedy. Thus you can track your remedy, Primary or General, to Classical if it is RNA, DNA, Chromosome, Chemical, Metals, Injection or Emotional/Spiritual.

2. If you need to achieve symptom relief, pick the subcategory vials from the system related to your symptom or complaint, track those subvials back to A&P to find any other systems responsible for the imbalance, add those subvials, and then track to the Classical Kit. This is your most effective Symptom relief method.

3. You can use a Classical for an Emotional jump start. When you use a Bach Flower, either directly or because you take the system vials related to the emotion of correspondence, track the Bach to Classical to get an even greater response than Bach alone or Bach with system vials would induce.

4. In the Classical Kit, you will find vials with some orange or red numbers. The numbers on the other vials are black. The ones with the orange and red numbers are the traditional Classical Constitutions. In *The Science of Homeopathy*, George Vithoulkas defines the constitution as “the genetic inheritance tempered or modified by our environment,” that is, a person’s fundamental structure—his state of health and his temperament. It may help you to think of your constitution as a huge energy bank. At birth some people have vast reserves, both on deposit and in their current account. Others have only a nominal amount in the current account and need to be paying into that account constantly throughout their lives in order to “stay in the black,” in order to stay healthy. Basically, a strong constitution is one that can withstand considerable pressure without falling ill. A weak constitution is one that has an increased susceptibility to illness. The homeopathic constitution of a patient can include anything from personal hygiene or habits to food preferences, complexion, and body shape. For example, the Natrum Muriadicum type of person has a pear-shaped body with darker skin tones, a tendency for constipation, and a reclusive nature. Natrum type people also like salty foods.

The concept of TBA would tell us that if a constitution is weak, there is a cause, and TBA gives us the ability to identify and correct the cause. There is great debate about the constitutions, so if this particular topic interests you, do some research and read some books. I am not sure I believe in just 35 constitutions (traditional number), as the dictator of a constitution is the amount of resistance the body must face from the assault brought to the body. The further we modernize and societize, the more complex the resistance process becomes. That is my view of it. At any means, you have 150 choices in the Classical Kit.

You should think of using a Constitution when you see a person who is very weak, very frail, or if everything else just doesn’t seem to be working. Jump start his or her constitution. In a case like this, I will often make a category on the Evaluation Form called Classical. The easiest way to find a person’s constitution is probably to hold the Primary vial while testing that person against the contents of the Classical Kit. I personally do not limit myself to the vials with orange and red on the labels. When you have a vial from the Classical Kit picked out, write that down on the paper. You can administer this vial in two possible ways. First, try to add it to the Primary remedy, which means that you hold the Classical vial you found along with the Primary vials and see if it still tests high POS. If not, you will have to make doses of the “Constitution.”

Making Doses From the Classical Kit

This is something you do mentally. Hold the vial you chose and ask how many doses of that item the client will need. Think “one dose” and test. If strong, continue counting and testing until you reach a number that is weak, which indicates you went too far. I find that anywhere from one dose to 10 doses is average. Once you determine how many doses the person will need, then you must figure out if he needs to take it hourly, daily, weekly, or what. This is done mentally again. I seem to find that people need either one dose daily or every other day. Every now and then, I find it is every 10 minutes, five times in a row, or maybe once each week. So figure out how many doses, then how often that dose needs to be taken.

HCMI has blank dose vials that are pre-filled with 1.5cc of solution. Blank means there is no frequency in them. Once you pick the constitution you feel is needed, you make a remedy into the vial with the Remedy Maker just as you would a TBA remedy. Test the doses against the POS vial as described before. If they are not high POS, boost the vials. Then have the client take the top off and drink the 1.5cc worth of solution. That is one dose. Throw away the empty vial, and you are done. Doses are currently about 42 percent brandy, distilled water, and a bit of dark Willard Water, which is our ingredient choice for holding the frequency output from the Remedy Maker.

USING THE “POS” AND “NEG” VIALS --TESTING SUPPLEMENTS AND MEDICATIONS

I am sure we all agree that the ultimate goal should be to bring the body to a state of health where medications are not needed. I wish I could say that we could also reach a state where no supplements are needed, but food is too depleted, meaning it no longer contains the nutrition God intended, so that goal will not be achieved as far as I am aware. To believe otherwise is to be optimistically deficient. But there is a balance. Most people take supplements of some kind, but if their supplements and diet were working, they wouldn't be coming to you for help, right? Most people don't come to you because they want to know the root cause of the issue; they come because they want relief from some health concern. Remember, you don't need to supplement all the miscellaneous issues if you have TBA. Just supplement the basic nutrients and enzymes, and keep the bowels moving and cleansed. Those are the basic five steps of the GWSW Program. TBA should take care of the rest if diet is moderately healthy. Let's start with the supplements people bring in.

Most people have never heard of the ability to self-test, so they are pretty happy if you can show them that most of the supplements they take are either doing little for them, or that they actually test negative for them. To the client, this means money saved, and everybody likes that concept. I generally prove this by testing the supplements they bring in against the POS and NEG vials in the Master Kit. I typically hold one supplement at a time, and while I am touching the client, I touch the POS or NEG vial and test against the mental challenge scale. If there are a lot of supplements to test (some people literally bring in bagfuls), I will pick up the POS vial and test it against each item quickly, placing the ones that test positive to one side. When done, I exchange the POS vial for the NEG vial and test all of them again. I always test everything against both POS and NEG. You will often find that a thing can test both good and bad. That simply means that while it has a good effect in one area, it also has a negative effect. Most often this is caused from excessive metabolic stimulation by that supplement. That means the body can't handle the forced action the supplement causes. I write the POS and NEG supplements on the person's Evaluation Form and leave the neutral ones unwritten. I then tell the client that I will be making a balanced program, but should he choose to take any of the supplements, I recommend the ones on the POS list only and advise him to avoid the NEG ones. I generally ask people if they feel that any of the supplements really do something noticeable. If they are sure that one of them helps in a certain area and it tested neutral or positive, then I tell them to continue taking it until we see the body get balanced with the TBA remedies, at which time they should not have to supplement. If they think something is working for them and it is on the negative list, I tell them they need to do whatever they have most peace with, but I would not use it. If you track that negative item to the A&P vials and find what system it is negative to, this will help your point of view. Have them hold the remedies you made, and the muscle test for that system should test strong. Now add the supplement that tested negative for that system. If the muscle tests weak, you can prove on the spot that, while the program works to balance things, the supplement is over stimulating or is in some way negative and negates the entire program. They rarely argue.

You can identify the exact area that the item you tested is affecting if you would like. For example, if you are holding the NEG vial and a supplement, and that supplement tests negative, test the A&P vials, and any vial that comes up indicates that the supplement you are holding is negative for that system. (Of course, you can use the same protocol to see what area is positively affected by a supplement that tested POS.) You can then proceed to muscle test the appropriate muscle to find if it is strong when holding nothing. If it is and the client holds the supplement that has just been found to be NEG, the supplement will make the muscle weaker. If any client doubts your ability to test the effect of his supplements, do this with just one or two supplements, and he will easily take your word with the rest. You need to build credibility so people will trust and believe you, and those muscle tests are one of the best ways to prove your point. If you don't find that the muscle you need for demonstration is strong to begin with, go ahead and make your TBA Program (remedies) and when the client holds them, the muscle should become strong. Add the supplement in question to his hand (with the remedies), and the muscle will be weak. This proves that the TBA Program will make the client better, but taking any of the supplements on the NEG list will make him weak again. As I said before, most people just see that as money saved when they don't have to take their supplements, so they don't argue.

Back to meds. Most people are on several drugs, often a long list. I ask for this information on their first visit, and if I see medications, I ask them if they like taking them. Rarely do I get a “yes.” I then ask if they would stop using the medications if their body no longer needed them. Of course, the answer is “yes,” but their doctor said . . . blah, blah, blah. We know what the doctor thinks. As for the medications, you are not authorized to take anyone off medication unless you are a medical professional licensed through the state. This topic is very touchy, so pay close attention. The goal is to get

people off drugs, but you want them to think they are doing it themselves. You can encourage them and suggest that they look up the side effects of the drugs (although most already know this or they would not be coming to you).

Test the area for which the drug has been prescribed. Use the challenge scale and write the number on your evaluation sheet so you will have this information to reference next visit. If the numbers drop, meaning they are getting closer to “zero” on the challenge scale, then you are succeeding. If the medication is for blood pressure, test renin under Kidney and the Cardio vials; if it is cholesterol medicine, test the Cholesterol vial under Liver and the Liver vials; if it is Neurontin for nerve issues, test Nerves and Brain; blood thinners, check the Liver, Spleen and Cardio; depression, check the Thyroid and Brain, etc. Get a number for each and explain to the client that when the body reaches a point where the numbers in that area reach “zero,” he should be able to safely begin weaning off the drug. A “zero” in testing shows that the body has reached a certain level of homeostasis (health). I tell the client to contact his local pharmacy and ask them how best to reduce that particular medication. Sometimes I suggest that because I am not sure how to reduce the medication, but it also takes the responsibility off me. Send the client home with the TBA remedies you have made, which is generally Primary and General, and whatever GWSW supplements you recommend.

Example: A woman came in the other day and she had part of one thyroid gland taken out. A woman came in the other day, and she’d had part of her thyroid gland taken out. She had been placed on Synthroid right after her surgery, about 12 years ago. Since the surgery, she’d never gone without Synthroid, so she did not know how she would feel if she tried to stop it. Well, I tested the Thyroid vial, and it showed “zero.” I went to the subvials for Thyroid, and they all showed “zero” as well. According to the kinesiology, her Thyroid was fine. Surgery must have fixed her right up! Or . . . she never needed the surgery to begin with, but she had been relieved of half of her thyroid gland and had been on a drug for more than a decade since. In her case, I was able to say with confidence that I did not see any reason for her to be taking that medication. To be politically correct, you would say something like, “This test does not indicate that your thyroid is unable to do its job, so you might want to consider talking to someone about reducing or eliminating use of that medication.” I suggested she contact the pharmacy and ask them about the best way to begin reducing that medication. Always reduce one medication at a time. That way, if there’s a problem, the client can get back on it full strength, and you/they will know which medication caused the problem. Never reduce more than one at a time. As the client tests clear for the organ or gland the medication was prescribed for, suggest reduction.

What to do With NEG Meds

We know that NEG is bad for the body, but some people are on medications or even supplements that “keep them going.” You can’t tell them to stop just because the medication or supplement tests NEG. If that drug or supplement is needed to keep their body functioning, then we have to do something to help that NEG process until the cause of the problem is corrected, and you no longer feel that they need the supplement or medication. Let’s say someone takes pain pills for migraines or because he has pain from a severe accident. If I find that the pain pills are NEG, the easiest thing to do is take a pill out of the bottle and boost it into the rest of the bottle/pills so that each time this person takes a pain pill, he also takes the antidote. But sometimes you go back and test and find that the pills are still NEG. Maybe not as bad or NEG to fewer systems, but still a problem. In this case, I pick up the NEG vial and track it, along with a sample of the pain pills, to the A&P category vials, then to any subvials as needed. I put those vials down and do the same to the Master Kit, and individually to the Nutrition Kit. Any vials that show up mean that that system or nutrient is being harmed or interfered with when this person takes that medication, and any DCAs that come up indicate that the drug is feeding that DCA or at least putting the body in a position that will better host that DCA. What I do is collect all the A&P, Master, and Nutrition vials and copy them into the bottle of pain pills. These new frequencies in the pills will help support the areas that are going to be negatively affected by the drug (or supplement because some of them are that bad!)

MUSCLE TESTING FOR CONFIRMATION

Muscle testing cannot be explained on paper, so you need to watch Video 03 and refer to the illustration charts in the Practitioner’s Manual to know how to test each muscle. Because clients are not able to feel the results of kinesiology, particularly if you are using a self-test technique, muscle testing lets them feel the evidence of the weak areas (systems) your evaluation picked up, and then lets them see that your remedy is going to correct the problem. Thus muscle testing involved the client; it’s something tangible they can feel part of. Of course, it is always nice to see confirmation, which is very encouraging for the client and the practitioner as well.

If you need to make a remedy for the ear or teeth or something that does not have a muscle correlation, there is still a way to use muscle testing to confirm the remedy. Let’s say you have ears, eyes, teeth, knees, hips, or any other area that doesn’t really correlate to a muscle that you can identify. In this case, use any convenient muscle. I like to use the one for Pituitary because it is often strong, and it is easy to get to. I have the client hold up his arm, with the thumb down, and ask him to resist. The key to this is to start with a strong muscle. If Pituitary does not show a strong muscle, you will need to find a

muscle that is strong. Once you do, touch the area of concern, like the knee, the ear, the tooth, eye, etc. When you touch an area of weakness, it should create weakness in the muscle. The weaker the area is, the weaker it will make the muscle. This is what you want. The client will feel the evidence of the weakness. When you have done this, have the client hold the new remedy you think will help the area of weakness, and it should make the muscle strong while you are touching the same area that made the muscle weak just a moment ago. Muscle testing is a positive addition to confirming a remedy or program. It makes you, the practitioner, feel confident, but also involves the client, allowing him to feel something tangible. I generally muscle test a client the first several times he comes in to help him gain confidence in what we are doing.

SUPPLEMENTING FOR SUPPORT

I don't carry many additional herbs or nutritional products in my office because my focus is to correct the cause, and supplements don't generally address the cause. I keep the GWSW products on hand simply because they deal with fundamental issues such as general nutrition and intestinal movements (cleansing and detox), which are ultimately fundamental to health no matter what system or protocol you use. But I do occasionally recommend additional supplements. Chronic illness, which means the body has been fighting to regain balance for a while, may require time for the body to resolve the layers that will ultimately allow for healing. TBA works to eliminate the cause, then to restore normal function of the tissues. The longer the tissues have been sick, the more degenerated they are likely to be. In a world of medications, people want magic cures right now. This isn't always possible with alternatives because the body needs to take time to detox and then regenerate (if you use the layers the way we teach), but people have a hard time coming to peace with that. And it's understandable. Who wants to suffer if something can reduce the symptoms? If the first TBA program does not produce results, I often try to find a supplement that might provide additional help for the area of the body that is struggling to regain balance.

You can study for years on end to keep up with supplements, what they all do, what they are for, etc., but there is a better way that is more direct and, generally, more effective than your memory. To find out what supplement might be best, you need to find the vial that most closely represents the issue. For hair, it might be the thyroid vial and the hair vial (Skin section). For joint pain or arthritis, it would be the connective tissue vial. TL (track) the vial or vials that represent the area needing support. You can use the Symptom Kit, if it contains the representing vial you seek, against the Nutrition Kit. Usually, one or two items come up. These items represent the elements (nutrients) that the body will need to feel supported. I then recommend an herb or herbal combination that contains the nutrients you seek. Try to stick with herbs rather than multivitamins or specific vitamins because herbs are made from a natural item in nature and will create no harm even if you are wrong. If you are not sure what herbs contain what nutrients, check the sections of Book 03 as they contain lists of the most common nutrients needed for each system. You are free to use a specific vitamin, mineral, or supplement, but I highly recommend testing it, if possible, as so many companies make low quality products these days. If nothing shows up as beneficial, this means there really isn't anything the body can do about the symptom right now, and you're just going to have to get through the layers and resolve the cause. You won't need to use supplements that often because the remedies generally address the symptom while correcting the cause. So don't feel as though you need to keep a store full of items on hand. I don't. If it comes to recommending a supplement other than the GWSW products, which I do keep on hand, then I refer clients to their local health food stores.

USING THE GWSW PRODUCTS WITH YOUR TBA PROGRAMS

TBA is not a product-promoting system, but there are certain things that need support on a chemistry level. TBA promotes that if you supply the right frequency, the body will regain balance and initiate the miracle of healing that is automatically programmed into every cell. The most common and important products we use are those that make up the GWSW Program. GWSW supplements help keep channels open so that elimination is up to par, and the healing crisis does not occur, and so that your TBA remedies can actually dump the toxins they are made to deal with. Frequencies cannot keep the bowels and elimination channels open nor can frequencies supply the basic nutrition the body needs to stay healthy and initiate the health that TBA remedies are promoting. Why do I say this if I know that the body is nothing more than an energy mass of coherent light waves (Book 04)? It is true that on a quantum level we are nothing but frequency, and the best way to treat frequency is with frequency. But God created us under physical laws of nature that require fundamental basics. What happens if you don't eat actual food and drink real water? You die. So there are definite laws in nature that we must follow. Many of you have called and asked how to incorporate the products into the programs you are making. Keep in mind that the products have stand-alone healing potential, meaning you don't need TBA to get an extreme amount of effect from them, but here is how I use them in combination with TBA.

I have one of each of the following products sitting next to my test kits. That includes:

1. **Super Nutrient** for nutrition
2. **Digestive Aid** for enzymes and absorption
3. **Bowel Stimulant** to increase bowel movements
4. **Intestinal Cleanser (IC-1)** for fiber and to absorb excess fat
5. **Intestinal Cleanser (IC-2)** to absorb excess toxin accumulation
6. **Liquid Detox** for general detox (internal), detox baths, and water treatment

After I have completed making a client's TBA remedies, I ask him to hold the remedies. While he is holding them, I test the client against each of the products listed above. If any of the products come up strong while he is holding the remedies, this means that product will enhance the overall effect of the program and the TBA remedies. I write the name of the products on the person's sheet under the supplement section. I generally test for amounts as well. This is more of a mental question, although the recommended dosage is fine if you aren't good at, or comfortable with, testing mentally.

Many times nothing comes up as "needed" in addition to the remedies, so I ask the basic health questions, which you should ask each client on each consultation:

1. How much water are you drinking?
2. How often are your bowels eliminating? And is it without much effort? *The answer will tell you if you need to add Bowel Stimulant or IC-2, whether it tests "good" or not.*
3. Are you eating pretty healthy? (to our standards) *If not, the client may need Super Nutrient.*
4. Are you happy; are you pursuing your life goals—things that fulfill your heart? *If not, ask the person if there is something he or she can do to begin moving toward that goal.*

The supplement testing discussed above makes the program effective, but each product can supply what the diet and lifestyle may not. I listen to the answers to the questions above, and, depending on the client's answers, I might recommend the appropriate product to fill in the gap. I tell people I would rather they eat well, but I know some people can't, so the products have been made to supply what the diet may not. This means that no matter what the test results, it is best to supply basic nutrition if the diet is terrible, or bowel cleansing products if a person is not eliminating well. Use the following as a rule of thumb:

Super Nutrient (SN) is needed if a client is not eating organic foods or lots of nutrient-rich foods, like vegetables.

Digestive Aid is needed if a person is not eating lots of raw fruits and vegetables or juicing regularly.

Bowel Stimulant is needed if the bowels are not regular, or it can be used on weekends to help remove accumulated waste.

Intestinal Cleanser (IC-1) supplies fiber if the diet does not consist of lots of fruits and veggies. Depending on the person, I will recommend SN or IC-1 as people tend not to need both.

Intestinal Cleanser (IC-2) absorbs excessive toxins from the past, excessive acidity, and mucus, or can be used if a person seems generally toxic.

Liquid Detox purifies water and helps bites, cuts, stings, etc. It can also be used as a disinfectant.

SCHEDULING THE NEXT CONSULTATION

When do you have a person come back to be tested? Well, I do it by testing. I make a mental statement, “Next consultation is needed in ‘one week’ (test), ‘two weeks’ (test) ‘three weeks’ (test), etc.” Whatever time period I get is what I put on the form. It tends to average four to six weeks, with four weeks being most common until the body reaches a place where it can be maintained. Some people test for longer and some for shorter. Remember that TBA is about balancing and eliminating. As this happens, tissue is hopefully healing and rejuvenating. Sometimes the body needs more time than others. Clients need answers that make sense, so if they have real health issues and testing shows that they need to come back in eight weeks, I tell them that we need to use the remedies, which run out in about four weeks, then give the body a chance to see if it is going to hold the changes we have made. Or you can say that the tissues being worked on during the current visit need longer to get to a place where another program can move them even further. I tell them that if they run into trouble, let us know, and we can make a Symptom remedy or bring them back in for another TBA if we have to. But that is how I schedule consultations and follow-up visits.

WHEN IS A PERSON READY FOR MAINTENANCE?

While you are trying to correct a complaint or imbalance, clients probably average monthly visits. The first thing you want to see is that they feel good. If you resolved their complaints, they probably trust you and will want to know when you want to see them again. The red blood cells change about every 120 days, so that is the best pattern for maintenance testing. A healthy person should be tested every three to four months to make a TBA for any toxins that might be accumulating and to balance systems that are getting too stressed out. Other than hearing that clients feel good enough to go on maintenance, what you are looking for as a practitioner is to see that all the toxin categories from the General evaluation are low. If you see any 10s, a follow-up may be necessary.

WHAT TO DO WHEN NOTHING IS WORKING

Each person is individual, and the ability to create custom health programs in TBA obviously respects that fact. But no matter how custom we get, some people don’t seem to progress past a certain point. It almost seems as if the best you can do is to patch them up a little, but they end up regressing to their old symptoms or complaints. Should you expect to help every person? Years ago, I used to say that no one person can help every individual or that person’s head would get too big. But then a minister asked me once if I believed we were to live with Jesus being our prime example as a role model. I agreed, at which point he stated that there was no symptom or disease that Jesus could not help. Very true indeed, at which point I changed my line of thinking. Unfortunately, for those looking in my direction for healing, I am not Jesus. I believe the statement the minister made, but I don’t have the ability to search a person’s heart and create the conviction or give the advice that Jesus was able to do in each case. During the years, I have deduced the following from my experience:

There should be no reason why you can’t bring at least some help to any person, no matter what the health complaint. But every person is not curable. Every disease is curable, but every person is not. If you could search and know a person’s heart as Jesus was able to do, then you would have the perfect words to help each person on the level needed. But I have yet to reach that potential. And I don’t presume that I ever shall with my limited 10% of brain activity, but I believe we are to pursue that goal without ceasing. Jesus is the ultimate role model, and sometimes He dealt with the physical (baths, mud, etc.) and sometimes with the emotional and spiritual. Every health condition has a spiritual, emotional, and physical connection, and the emotional and spiritual parts are not always correctable by you, the practitioner. Sometimes the issue is a matter of the heart, perhaps rooted in judgments, bitterness, lack of forgiveness, or other emotions that result from negative past experiences but which hinder the physical body from progressing beyond a certain point. As a good TBA practitioner, you should be able to discern the issues that need work by connecting the physical areas of weakness (symptom) with the emotional connections to those organs. But identifying these areas of need is only part of the healing. The greater part, in these cases, will be homework--something the client will have to do at home as he incorporates discipline and spirituality into his life.

I find that people with fibromyalgia and chronic fatigue syndrome tend to fit into this category. Inability to control weight is often a side effect as well. These are the three complaints (not combined in one person, necessarily) that I find most often with those people who just don’t seem to get past a certain point of healing. That does not mean you can’t help people with these complaints; you should be able to help most of them. I can count on my fingers the number of clients who have hit a point where progress was stalemated, or who have felt little or no improvement from when we started. But when you find people who just don’t seem to be improving, the symptoms I described are the ones that tend to cause a lack of progression. I say this just to help you identify them. Again, it is not because help is not available, and it is not because you lack the right treatments. Most of these people have spent more money than you might imagine going to every kind of practitioner and trying every therapy that exists. The real cause of the problem may be in the emotions and heart. Generally, there is self bitterness and guilt so deep that no therapy can counter its impact, especially after all the years it has festered. Couple that with the drugs, surgery, and whatever else might have worked to drive the issues deeper into the tissues, and you have physical disaster. It’s not that there isn’t hope for these people, but the focus of the help will not be found in natural

therapies or supplements, not even TBA remedies. The answer is a certain level of forgiveness (most often of self) that occurs on a heart level. I am currently working on a homework-based program that people can use to identify and begin correcting these issues, but you might start by recommending the book *The Heart's Code* by Paul Pearsall to any clients who fit in this category. This book will help the client understand the “hows and whys” of the problem without insinuating that the problem is all in his or her head.

Let me make clear that I never give up on or dismiss these people. You never want them to feel the problem is “their fault.” That kind of thinking is what put them in the position they are in! To add more guilt would shatter their last traces of hope. If they choose to leave or stop coming to see you, fine, but I don’t dismiss them or tell them I can’t help. Even if they aren’t seeing a lot of healing miracles with your testing, you can be sure you are helping the physical body on some level if you are following the protocols you have been taught. I might tell them that I am not sure exactly how to correct the cause of the problem (which is generally a manifestation of adrenal exhaustion on a physical level). If they will read Paul Pearsall’s book, they will have a good understanding of what I believe to be the root of the problem, which is not something that can be totally remedied with nutrition, lifestyle changes, and detox (TBA). I can continue working to patch them up the best I can from time to time as they need me to, but I tell them I want to be honest, and I don’t want them to think I have their “cure” up my sleeve or that if they keep coming they will eventually be totally well. I don’t feel right taking their money if I think I am leading them on and if I don’t really know that I will get any more results than I already have. So it’s an issue of heart honesty for me, and I believe people appreciate not being given false hope, but neither have I dismissed them and shattered the last shreds of their hope. Face it, these people have probably tried many things before TBA, and if TBA isn’t helping, then there is little chance that there is some other supplement or therapy that will.

Here are some things to try on those who are not responding to the typical TBA remedies:

RNA/DNA: Use the RNA or DNA vials in the Master Kit and track it (I suggest doing one at a time) to the rest of the vials in the Master Kit. Whatever comes up with each vial indicates the miasmatic inheritance from the parent indicated. You probably have noticed that RNA and DNA don’t come up real often, so I reserve this specific testing for times when people are not achieving the goals they seek. It helps to ‘jolt’ the inherited patterns so changes can begin to occur. Track what you find to the Classical Kit and see if you can get something to happen with however many doses they test for.

ADVANCED USE OF TBA KITS

THINGS YOU CAN DO WITH THE MASTER KIT

The Master Kit contains a sample of everything that could be the cause of the problem. Categories of all toxins, body parts, and nutrition can be found in this kit. So you can get a general idea of what the problem is (a weakened body part), what needs to be done about it (elimination of toxins), and what nutrition might be needed to support the process. You will need the rest of the kits in the Base Set (A&P Kit set and Nutrition Kit) to complete the process of testing if you wish to make perfect custom remedies with the Remedy Maker.

1. Master [DCA]>Master [DCA]. DCAs (toxins) will frequently feed on each other. People often attempt to detoxify various toxins but don't get results, or they end up chasing symptoms all over the body. In many cases, toxins are feeding either on other toxins or from the waste material made by other toxins. The Master Kit allows you to identify any toxins that might be causing or contributing to the toxin in question. Example: You want to know if there is any other DCA interlocked with the heavy metals or the candida you have been working desperately to detoxify. Vials that come up together in testing or that track to each other generally tend to be connected. In other words, if a virus tests strong for someone and you track it back to a vaccine, the virus probably came from a vaccine. If a parasite tracks to one of the Allergy vials, you probably got the parasite from one of the foods listed on the Allergy vial label. Learning how to interpret the vials can give you a wealth of information.

Remedy: Master [DCA]>Master [DCA]>A&P[categories]>A&P[subcategories]>Nutrition.

2. Master>Master [Allergies]. Track any of the Master vials to the Allergy category vials in the Master Kit to see if there are any allergies triggering or flaring the problem. Allergies irritate certain body systems and feed or hyper-irritate the toxins accumulated in those systems. Avoiding the specific allergen in question during the time you are detoxifying the DCA or category that seems to be triggered by that allergen allows the body to heal much faster. No remedy is needed when identifying allergies. The remedy made in the previous category (#1) should take care of the problem. If you find that a food is a trigger, test to see how many days it should be avoided. I generally find it is anywhere from 24 hours to 14 days, five days on average. You can make antidote remedies for any allergy if you need temporary relief or wish to address the cause of the allergy out of layer.

Remedy: Allergy>Master[DCA]> A&P[categories]>A&P[subcategories]>Nutrition.

3. Master[DCA]>A&P. Track any DCA vial to the A&P category vials to see what systems are being negatively affected by the toxin in question. You can identify what exact body part and function is being interfered with by the DCA if you have the A&P Kit set mentioned below.

Remedy: Master[DCA]>A&P[categories]>A&P[subcategories]>Nutrition.

THINGS YOU CAN DO WITH THE NUTRITION KIT

This kit contains every specific cell salt, vitamin, mineral, amino acid, digestive enzyme category, fatty acid, and other specific nutrients needed for the body to achieve total wellness. If you do not find a specific nutrient in this kit, this is because it is a secondary nutrient to one of the nutrients in the kit. This means that one of the nutrients in the Nutrition Kit is out of balance. Fix it and the secondary nutrient will balance.

1. Nutrition>Master. The main purpose of the Nutrition Kit is to help identify what nutrients need to be stimulated in order to balance any particular body system, action, or function. It is also used to see what nutritional elements are needed to assist the body in detoxifying any of the toxins identified from the Master Kit. Years of experience have shown me that nutrition does not become deficient in the body as much as it becomes blocked from being digested, assimilated, or metabolized because of toxin presence (Master Kit categories). Thus it is much more effective to supply nutrition in homeopathic form than in chemical form (herbs, vitamins, minerals) if you really want to correct the problem because the DCAs inhibit the chemical agents from assimilating. While herbal or nutritional products may reduce the symptoms associated with the particular nutritional weakness that you have, if you are not correcting the cause of the problem, it is simply patchwork and the problem will return.

Remedy: Nutrition>Master[DCA]>A&P[categories]>A&P[subcategories].

2. Nutrition>Nutrition. Many believe they are deficient in certain nutritional elements. These self diagnoses are often made after reading books or articles. What if the nutrient you believe to be the problem is not deficient as much as it is simply not being assimilated or metabolized? Hyper-dosing with nutritional supplements can be worthless and even toxic! This kit allows you to see if any other nutrient is intrinsically involved. Intrinsic, in this case, means "required for metabolism." No matter how much of an element you take, it is worthless if it is not taken up by the cells, and this cannot happen if the intrinsic factors are missing. It may be one of the toxins in the Master Kit that is interfering with metabolism as discussed in point #1, but there is also the possibility that another nutrient (intrinsic factor) is missing.

Remedy: Nutrition>Nutrition>Master[DCA]>A&P[categories]>A&P[subcategories].

3. Nutrition>A&P. You can track any Nutritional vial to the A&P Kits to see what systems have been weakened by the lack of that nutrient or the inability of the body to access that nutrient because of the lack of metabolism. Remedy: Nutrition>Nutrition>A&P[categories]>A&P[subcategories]. This remedy does not do anything for any DCAs that might be involved, but it supports the Nutrition and the systems that might be weakened by it.

THINGS YOU CAN DO WITH THE ANATOMY & PHYSIOLOGY KIT SET

The A&P Kits (Advanced) contain samples of every part and function of the human body.

1. A&P>A&P[subcategories]. TBA kits have A&P category vials, and then there are subvials for each category vial. The Master Kit generally contains category vials (Teeth, Stomach, Eyes, Ears, etc.) When you find a category vial weak, you can track it to the subvials in that system to identify the exact action or function needing support in that system. For example, if you find the Eyes are weak, you can go to the subvials for Eyes and find out exactly what part of the eye is weak.

Remedy: A&P[category]>A&P[subcategory]>Master>Nutrition.

2. A&P>A&P. If you feel you are weak in an area, and you challenge that system and the challenge does not confirm your assumption, the kits allow you to track that vial to the other systems to identify which system was directly responsible for the weakness you felt was there. Example: You have blood pressure problems, but the heart does not really test weak. You can track it to the other systems, and you may find that Kidney (renin), Pituitary (a governing hormone), or some other system is weak. The heart is reflecting the symptom, but the cause is a totally different system. This saves you from treating systems that are not really the cause of the problem.

Remedy: A&P[category]>A&P[subcategory]>Master>Nutrition.

3. A&P>Master. Any A&P vial or subcategory vial can be tracked to the Master Kit to see what the true cause of the problem is.

Remedy: A&P[category]>A&P[subcategory]>Master>Nutrition.

4. A&P>Nutrition. Any A&P vial can be tracked to the Nutrition Kit to see what specific nutrition would be of benefit to balance that system, action, or function. If you or your client tends to be really sensitive to remedies, you may want to omit the DCA vials from the equation and make the remedy with just the A&P vials and the Nutrition vials. This would be a support remedy.

Remedy: A&P[category]>A&P[subcategory]>Nutrition.

ADDITIONAL INFORMATION

WORKING WITH THE UNBORN FETUS, INFANTS, BABIES AND TODDLERS

Women will often come in asking if their unborn fetus seems to be healthy. There isn't really a way to test the fetus separate from the mother unless you use strict intent. This is not needed, however, as the fetus will and can only be as healthy as the mother. The father contributes a certain amount of DNA, but the process of growth and development is almost totally dictated by the mother. A fetus is attached to the mother through the placenta, so the baby should be considered an extension of the mother. This simply means that if the mother tests for imbalance in any area, the baby is likely to be born with that same imbalance if it is not corrected in the mother. A fetus will take what it needs from the mother if it is there for the taking. This often leaves the mother depleted, which is why it is common for women to loose teeth, hair, and gain weight that is never lost. The imbalance that is left in the mother needs correction. If the pregnant mother is tested and balanced throughout the pregnancy, she should suffer none of these common pregnancy symptoms, and the baby is sure to have reserves of anything it might need. As long as this is being said, it should be noted that morning sickness or the common nausea that tends to come with pregnancy is not normal. This is a sign that the body is depleting reserves in the liver/blood. The mother is beginning to change, the chemistry is changing. Make sure that the intestines are working very well, that there is no constipation, and that there is regular cleansing of the intestines and the liver. There should be no nausea or vomiting if the mother is healthy. If a mother is weak or anemic, try using a teaspoon or more of molasses every day in addition to Super Nutrient.

If a baby is constipated after it is born, rubbing olive oil on its belly externally will help tremendously. Mothers are often very toxic today, so while I totally believe in and promote breast feeding for a good six months or more, there are times when the mother's milk is actually bad for the child. A child receives a certain amount of emotional stability through breast feeding, again assuming the mother is emotionally stable. If a mother is seemingly toxic, or if the baby is constipated, has colic, or otherwise seems unhealthy, test a sample of the mother's milk against the positive POS and NEG vials in the Master Kit. If the mother's milk tests negative, you can make homemade formula with rice milk (original) and a little carrot juice or a little goat milk if needed. Just test each of the options, and then test for the percent ratio of each. Every child is different so I hate to give you a definite recipe. As you can imagine, formula purchased in the store is not something I would feed my child.

MIASM INFO: Miasm (understanding RNA/DNA) is a term used in the homeopathic world. It might be comparable to genetics in modern medicine, but miasm is the inherited energy that causes the symptom and thus insinuates the cause of what is commonly referred to as genetics. Miasms are developed after the body has had a toxin present for a certain amount of time (average of 16 years). After that time, the DNA becomes corrupted by accumulating the energetic information of the toxin as a "normal" element. The energy of the toxin remains as an anomaly in the DNA expression until it is corrected. Hahnemann, the father of homeopathic medicine, typed three main miasms: psora, syphilis, and sycosis. In the 1800s, there were fewer toxins than are presently invading the body, so today it is possible to find miasms of every kind of toxin, particularly those toxins injected by vaccinations. Why figure it out intellectually if the body can tell you through testing, right? To find a miasm, use the RNA or DNA vials in the Master Kit and track it (I suggest doing one at a time) to the rest of the vials in the Master Kit. Whatever comes up with each vial indicates the miasmatic inheritance from the parent indicated. You have probably noticed that RNA and DNA don't come up real often, so I reserve this specific testing for times when people are not achieving the goals they seek. It helps to 'jolt' the inherited patterns so changes can begin to occur.